

INFO

Morin-Heights

In harmony with nature



MORIN-HEIGHTS
1855

MUNICIPAL INFORMATION

SPRING 2026

MARCH / APRIL / MAY
VOL. 29 NO 1

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Ryan Kennedy in Concert

**SATURDAY, MAY 16, AT 19:30,
AT CHALET BELLEVUE**

Ryan Kennedy, proud Morin-Heights resident, returns to the stage with a brand-new show inspired by his fourth album, "South of the Border," released in

November 2025. This project marks a return to his roots, blending folk and indie influences into an intimate and captivating performance.

Born from a year-long journey across the United States and Mexico, the show reflects the authenticity of desert landscapes and the vibrant energy of the South.

With his warm, powerful voice, Ryan Kennedy takes audiences on a musical road trip filled with airy melodies, rich harmonies, and heartfelt lyrics that tell stories of freedom, encounters, and discovery. Immersive and emotional, this concert invites you to rediscover the artist as he explores new horizons while staying true to his essence.

Limited seating; reservation required at www.morinheights.com (click "Registration"): \$5 with citizen card or \$10 for non-residents.

Information: chaletbellevue@morinheights.com or 450 226-3232, ext. 132

Word from the Mayor



Fellow Morinheighters, Spring is already on the horizon, promising milder weather – what a joy!

Firstly, I would like to return to the 2026 budget. The Municipality's operating budget is increasing by

1.2% to \$17,625,280, compared to \$17,402,090. The property tax rate is increasing from 49.58 cents to 51.26 cents for every \$100 of assessed value. This increase is equivalent to 3.4%, which is the consumer price index (CPI) as of September 30th, 2025, for the Montreal region. The waste management fee is increasing from \$282 to \$295, while the drinking water fee is remaining at \$303 for the 14th consecutive year. The main increases in expenses are the MRC service fees, up 7.5% (mainly for waste management and the sports center), and the *Sûreté du Québec*, up 11%.

The main capital investments will be the expansion of the fire station, road repairs and repairs to the aqueduct on a section of Watchorn Road and the development of the Basler Park site.

We are developing a **Climate Plan** to better respond to the challenges posed by climate change. As part of a participatory approach, you will be invited to thematic workshops to share projects, to better understand the issues, and to identify solutions.

We will also begin work on a **Conservation Plan** that will enable us to identify conservation cores, ecological corridors and natural environments of high ecological value. This document will establish a clear and concrete action plan to ensure the conservation of our natural environments.

Once again this year, as soon as possible after the last snowfall, our Public Works and Infrastructure department team will get to work on spring cleaning operations. The sooner we can finish sweeping the streets, the sooner we can start marking the roadways and installing bollards.

In closing, we have had quite a winter with a lot of snow, which allowed us to enjoy all of our favourite winter activities. We are truly privileged to have such an exceptional network of trails, so let's make the most of it!

Louise Cossette
Mayor

Recognition 2026

The Municipality of Morin-Heights is proud to celebrate the significant milestones of some of its employees. The Council extends heartfelt congratulations to each of them!

Natasha Caron > 20 years of service

Stéphane Labelle > 20 years of service

Diane Morissette > 10 years of service

We would also like to mention the employees who will have reached five years of service this year: Chantale Dupont, Sandrine Favreau, Alexis Giguère, Josée Rochon, Patrick Cantin, Dean Hodge, Mattea Doyon, Martine Major, Normand Bouillon, Debbie Maurice, and Sandrine Gamache.



www.morinheights.com



**A ton of activities
at the CJE des
Pays-d'en-Haut!**

You want to find a job, get involved in your community, or are you simply looking for advice to help you in your career? You are in the right place!

We are here to support you and guide you through your professional or personal journey. And to offer you a ton of activities on top of that! All of this is **FREE**.

Visit www.cjepdh.ca to learn about our services and activities!

Our contact details:

22 Goyer Street, Saint-Sauveur, QC, JOR 1R0

Phone: 450 227-0074

Email: info@cjepdh.ca

Website: www.cjepdh.ca

Facebook: @CJEPDH

Instagram: cje_pdh



ENTRAIDE BÉNÉVOLE
DES PAYS-D'EN-HAUT
Centre d'action bénévole

Income Tax Assistance Service

Offered **FREE OF CHARGE** by our volunteers for individuals with low income.

From February 16 to April 17, 2026

Income eligibility thresholds:

- Single person.....\$40,000
- Couple.....\$55,000
- One adult with one child.....\$55,000
- Each additional dependent.....\$5,000

To take advantage of this service, interested and eligible individuals must register by calling:

450 229-9020.

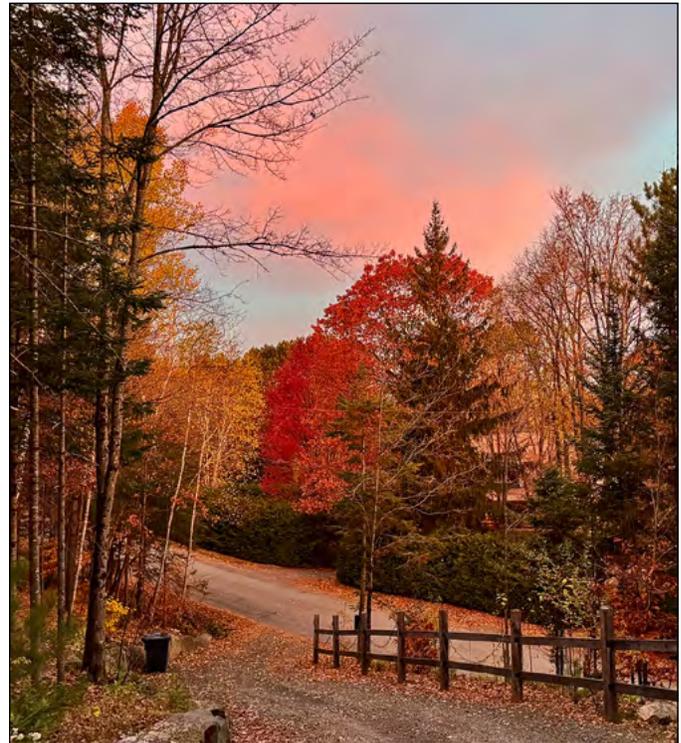


Photo Contest

Now is the time to showcase your most beautiful local images!

Submit your finest snapshots to karyne.bergeron@morinheights.com for a chance to win a gift card from a local shop! The winner will be announced in the upcoming bulletin.

To be accepted, your photos must:

- have a minimum size of 1 MB;
- be free of rights.

Please note that selected photos will be kept in our municipal image bank and may be used to illustrate our various communication tools or ads.

The winner of the previous edition's contest is Mrs. **Ève Des Rochers**, who received a gift card valued at \$75 from FACE (pottery-workshop-café), located at 887 Village Road. Congratulations!

If you belong to the English-speaking community, live in the Laurentians, and want your voice heard to thrive in an inclusive society, you should become an official 4Korners member!

4Korners works toward empowering the regional partners and the Laurentian English-speaking community to improve service access. We aim to connect individuals with programs and services to meet their identified needs in a secure and inclusive environment.

The organization also offers a wide range of activities that focus on healthy lifestyles and mental health, foster creativity, improve employability, and provide support for youth, families, individuals, seniors, and caregivers of people 65 years and older.

<https://4korners.org/event-calendar/>

For more information: info@4korners.org • 450 974-3940 • <https://4korners.org>



The *Rucher collectif* is a volunteer-run, non-profit organization established in Morin-Heights since 2022, and dedicated to community urban beekeeping in the *MRC des Pays-d'en-Haut*. Concerned about the environment, we offer concrete solutions to protect biodiversity and build strong community ties. Like bees, we promote mutual aid and collaboration to serve the collective well-being and the environment. In 2026, our teaching apiary will return to Morin-Heights to share responsible beekeeping practices with the community.



**GARDE-MANGER
DES
PAYS-D'EN-HAUT**
FOOD AND CLOTHING ASSISTANCE

TO MAKE
A DONATION



The Garde-Manger des Pays-d'en-Haut is a non-profit organization established since 1995.

We provide food and clothing assistance services to vulnerable individuals within the MRC des Pays-d'en-Haut.

FOR INFORMATION/REGISTRATION FOR THE FOOD COUNTER IN MORIN-HEIGHTS

☎ 450 227.3757 | 450 229.2011 Monday to Thursday
8:30 a.m. to 4 p.m.

@ info@gardemangerpdh.ca

🌐 gardemangerpdh.ca

To receive food assistance, each person is assessed according to their socio-economic situation.



The Fouillerie is managed by the Garde-Manger. It offers low-priced clothing for the whole family, as well as household items, sporting goods, and used toys donated by local residents.

**ALL PROFITS GO DIRECTLY
TO THE GARDE-MANGER.**

**NEW OPENING
HOURS**

Open Thursday	9 a.m. to 6 p.m.
Friday	9 a.m. to 4 p.m.
1 st Saturday of the month	9 a.m. to 4 p.m.

28 Bennett Street, Morin-Heights | 450 644-0087

Laurentian Region Cancer Support Group

The group offers English-speaking support services to cancer patients, caregivers and their families in the Laurentian Region. Free monthly meetings are held at Chalet Bellevue (27 Bellevue Street) or online via ZOOM. Upcoming meetings: March 21, April 18, May 16. Donations are welcome (tax receipts provided).

For more information about the group's services, meetings, and guest speakers, call June Angus at **450 226-3641** or email cancer.laurentia@yahoo.ca.



JOIN US TODAY; become a member by registering directly on our website:
www.coopsante.org

DID YOU KNOW?

- We operate **two medical clinics** offering local healthcare services in **Saint-Adolphe and Morin-Heights**.
- **6,630 patients** have access to a family doctor through our clinics.
- Over **22,800 medical appointments** are provided every year.
- Our dedicated medical team includes **nine family physicians and four nurses practitioners**.
- **Appointment-based and walk-in clinics** are available.

DID YOU KNOW?

BLOOD SAMPLE COLLECTION SERVICES
 AVAILABLE BY APPOINTMENT

FEES:

- \$5 for members
- \$15 for non-members.

SCHEDULE:

Morin-Heights Health Cooperative
 Thursday: from 7:30 to 9:30 • 450 644-0522

Saint-Adolphe Health Cooperative
 Friday: from 6:30 to 8:30 • 819 327-3534

Stay up to date with our events and services by visiting www.coopsante.org.

BE PROUD OF YOUR HEALTH COOPERATIVE!



MAISON DE LA FAMILLE
 des Pays-d'en-Haut

The *Maison de la famille des Pays-d'en-Haut* is hosting its annual picnic to celebrate Quebec Family Week. Families are invited to enjoy a meal together and take part in our Super Family Bingo! Guaranteed fun and great prizes to be won!

When: Thursday, May 14, from 16:00 to 19:00, at Place des citoyens in Claude-Henri-Grignon Park, Sainte-Adèle. Families are encouraged to bring a large blanket and their own lunch.

More information:

www.maisondelafamille.com

Phone: 450 229-3354

Email: info@maisondelafamille.com

Next Issues!

SUMMER EDITION

June 1 to August 15, 2026

Deadline: March 17, 2026

Distribution: May 22, 2026

FALL EDITION

August 15 to December 1, 2026

Deadline: June 3, 2026

Distribution: August 11, 2026

WINTER EDITION

December 1, 2026, to March 15, 2027

Deadline: September 22, 2026

Distribution: November 20, 2026

Visit www.morinheights.com to sign up for our email newsletter to receive last-minute announcements, important reminders, and program details!

Town Planning and Environment

The Ecodynamic Fund: Support for Environmental Projects

Do you have an idea to protect the environment or improve your neighbourhood?

The Municipality of Morin-Heights is launching a **new fund** to encourage projects that enhance our environment and quality of life. This program supports initiatives that protect nature, reduce environmental impacts, and engage the community.

Eligible Projects

- › Workshops, conferences, awareness campaigns
- › Tree planting, shoreline greening
- › Combatting invasive species
- › School or community-based environmental projects
- › Studies and actions to protect our natural areas

Who Can Submit a Proposal?

- › Citizens and groups of citizens
- › Non-profit organizations based in Morin-Heights
- › Public institutions located in the territory
- › Environmental organizations

Financial Support:

Up to \$10,000 per project. Funding may cover up to 100% of eligible expenses.

How to Submit a Proposal:

Complete the online form on the Municipality's website. Send your request to: service.urbanisme@morinheights.com

NEED HELP? **Town Planning & Environment Service**

450 226-3232, ext. 115 • service.urbanisme@morinheights.com

Springtime and Our Environment: A Season of Renewal

As the days grow longer and warmer, nature awakens: trees bud, flowers return, birds come back, and many species begin new life cycles.

Spring is the perfect moment for the natural world to flourish—and for us to give it a helping hand.

Why Spring Is a Great Time to Act

- › With more sunlight and rising temperatures, plants grow stronger—helping clean our air, store carbon, and support biodiversity.
- › A garden or green space prepared in spring becomes a refuge for pollinators, birds, and small wildlife—strengthening the balance of our local ecosystem.
- › Spring is also a chance for citizens to reconnect with nature, respect it, and engage in practical, positive actions—because every small gesture matters.

Simple Ideas to Protect Nature This Spring

- › Plant native trees, shrubs, or flowers in your yard or garden.
- › Leave parts of your outdoor space “wild” or unmanaged to offer shelter to insects, birds, and small animals.
- › Avoid pesticides; choose natural, eco-friendly gardening methods.
- › Encourage friends and neighbours to join you—share the message about the importance of caring for nature.

Spring is a **season of renewal**—for nature, and for our community. Let's make mindful, nature-friendly choices and contribute to preserving the richness of our environment today... and for tomorrow.

March

S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

April

S	M	T	W	T	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		

May

S	M	T	W	T	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24/31	25	26	27	28	29	30



MORIN-HEIGHTS
1855

2026 Waste Collections

Sectors 2 3

RECYCLING

GARBAGE

COMPOST

BULKY ITEMS

Ecocentre

The Inter-municipal Ecocentre is located at 2125 Jean-Adam Road, Saint-Sauveur.

Opening Hours

From the first Monday in December to the first Monday in April: open Tuesday through Saturday, from 8:30 to 16:00

From the first Monday in April to the first Monday in December: open every day (except Wednesday), from 7:30 to 16:45

www.vss.ca/services-aux-citoyens/services/ecocentre • ecocentre@vss.ca • 450 227-0000, ext. 3200

www.morinheights.com



**MRC des
Pays-d'en-Haut**

Pick-up problem?
Broken bin?

infocollecte@mrcpdh.org

450 229-8052

www.infocollecte.com

Public Works

Planned Work This Spring:

Gravel Road Levelling

This work is essential to maintain the quality of the unpaved roads. However, it cannot be done too early in spring. We have to take into consideration the freeze/thaw period (end March until mid-May). The team will prioritize the most problematic areas and continue operations on all our unpaved streets which are about 17 km long. To minimize the amount of dust, motorists must reduce their speed on these roads.

Spring Potholes

The arrival of spring in Quebec usually brings many potholes on the roads. As every year, the Public Works Department conducts a “pothole operation” to maintain and repair holes in the streets following the freezing/thawing cycle that, each spring, puts a strain on our road infrastructure.

As this operation takes a long time, we recommend that you slow down and be vigilant. You can report a dangerous pothole by calling 450 226-3232, ext. 144, via the citizen portal at citoyen.morinheights.com/en or via the Voilà app.

Citizen Requests

At the Public Works Department, we manage our staff through requests that are distributed to our dedicated teams on the road. So, since you are our eyes in our Municipality, please don't hesitate to contact us and communicate any situation that could be concerning. Your communication will lead to our quick reaction to fix the situation.

Numbered roads are administered by the *Ministère des Transports et de la Mobilité durable du Québec* and not by the Municipality. If you notice a pothole on Routes 329 and 364, please report it directly to Québec 511 by dialing 511.

Street Sweeping, Pavement Marking and Signalling Installation

As soon as the weather permits, streets, sidewalks and bike paths are cleaned up to get rid of the last traces of winter.

We would like to remind you that the territory of Morin-Heights has more than 75 km of paved traffic routes. Our teams do their best to proceed as quickly as possible, but the duration of the sweep operation depends on weather conditions since it is impossible to carry out the street sweep when it rains.

When this is complete, we will proceed with the marking of the road surface, the maintenance of the signage and the installation of speed attenuators (“Ped-Zone” signs).

We thank our citizens for their cooperation and patience during this challenging spring task!

Automated Call Services

We would like to remind you of the importance of registering for the automated call service or, if you are already registered, updating your information. This means of communication is fast and effective, especially during emergencies such as a water pipe failure or unplanned work.

To register:

portailcitoyen.cauca.ca/home
and citoyen.morinheights.com/en



Library

The municipal library is closed on statutory holidays. Library membership is **free** for all residents.
823 Village Road • 450 226-3232, ext. 124 • bibliotheque@morinheights.com • mabiblioamoi.ca

Hours: Tuesday to Friday: 10:00 to 18:00 • Saturday: 9:30 to 16:30

We invite you to reserve your documents in advance on mabiblioamoi.ca or by email at bibliotheque@morinheights.com. For returns, the book chute is always accessible on the side of the building.

Activities and Workshops

To ensure that you have a place, please register via the Municipality's website: www.morinheights.com.

Fact or Fake? How to Tell the Difference (in French)

MARCH 23, 10:30

Fake news, doctored videos, AI, and financial fraud—forms of disinformation are multiplying and becoming more sophisticated. This workshop invites participants to better understand how disinformation spreads and to develop their critical thinking skills when it comes to the content they consume. It aims to restore citizens' confidence in their ability to stay informed and navigate today's digital world safely.

Drawn Tales for Storytime

APRIL 11, 10:30

Listen, sing, and join in! Three riddle stories drawn on a board will take you on a journey into the world of imagination! At the end, the children guess what is drawn on the board. Presented by Gloria Prenafeta from *Les Z'Animés*.

Digital Resource: Manga.io!

VISIT MABIBLIOAMOI.CA, LIVRES & RESSOURCES TAB

Is the library's manga collection leaving you wanting more? A brand-new resource is now available to meet that need! Manga.io offers a digital collection of over 380 series (available in French only). Discover your next read online!

Storytime

EVERY SATURDAY, 10:00

Come discover stories for all tastes! The joy of reading is shared in a group during this activity, where children will be transported to an imaginary world. A craft or drawing activity could conclude this wonderful experience. Activity in French and/or English, depending on the storyteller.

The Seed Library

Starts in March; for library members only

Spring is looking green! The seed library is back this year with an improved selection of herb, vegetable, and flower seeds! Hurry, stocks are running out fast!

Big Book Sale

Do you enjoy novels? Do you prefer documentaries? Why not try a children's book? We have everything you might want at our big spring sale throughout the month of April!

New Arrivals

The library keeps its collection up to date! Here is an overview of our new additions:

The Correspondent/Virginia Evans

The Burning Grounds/Abir Mukherjee

The Next One/Ken Reid

Ethics on Trial/Janice Parente

Erasing History/Jason Stanley

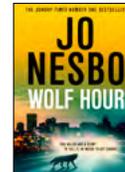
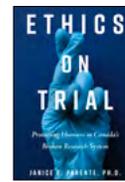
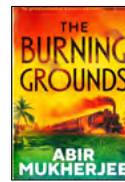
The Astral Library/Kate Quinn

Wolf Hours/Jo Nesbo

The Midnight Train/Matt Haig

Silent Bones/Val McDermid

Exit strategy/Lee Child





Morin-Heights Fire Department and First Responders



Forest Fires

Forest fires are common in Quebec and are often caused by humans. If you enjoy the outdoors or live in a wooded area, you must take preventive measures to avoid starting forest fires. These fires can cause considerable property damage and even deaths.

Forest fire management in Quebec:

- Always comply with municipal regulations regarding outdoor fires.
- Do not smoke in or near the forest.
- Check to see if there is a ban on open fires in your area.

For more information and to find out what to do before, during, and after a forest fire, visit the Quebec government's Forest Fire page or the SOPFEU website.

SOPFEU is the agency responsible for preventing human-caused forest fires and for detecting and extinguishing forest fires in Quebec.

Outdoor Fires

Before lighting a fire, follow municipal regulations and SOPFEU restrictions.

Open Fires

- Check if permitted by your municipality and SOPFEU.
- Prepare a clear area on mineral soil, free of combustible materials.
- Keep propane tanks and other combustibles away.
- Fire size:
maximum 1 m x 1 m.
- Supervise at all times and keep water nearby.
- Extinguish by soaking thoroughly and stirring embers.
- Before leaving, ensure **no heat remains** (touch the ashes).

Outdoor Fireplaces

- Allowed even during SOPFEU restrictions if **compliant**:
 - installed on a non-combustible surface;
 - equipped with a spark guard (openings ≤ 1 cm).
- Check local regulations for permitted types (stone, brick, heat-resistant metal).

Outdoor Network

Work Bees

To prepare our trails to welcome mountain bikers and hikers this summer, there will be a few work bees scheduled. As these events are weather-dependent, please check our website at www.morinheights.com/outdoors for upcoming dates.

Upcoming Events

- On **Saturday, March 28, from 10:00 to 14:00**, at Basler Park, 2025-2026 cross-country ski season pass holders can have their skis waxed free of charge before seasonal storage or to improve the glide of their skis. A membership card will be required to benefit from the offer.
- *Coupe Québec* at Sommet Morin Heights on **March 20, 21 and 22**. For more information, visit www.fondeurslaurentides.ca.

Aerobic Corridor Pavilion

To find out the opening hours of the pavilion during the summer season, consult the following website: www.corridoraerobique.ca.

Mountain Biking and Hiking Trails

People are always eager to start biking again in the spring, but please respect the closure signs and the 24-hour rule. It is best to let the trails dry out completely in the spring to avoid erosion.

We will post notices on the municipal website (morinheights.com/outdoors) and at the network's welcome sites.

Chalet Bellevue is accessible to those who practice outdoor sports. There are restrooms and bathrooms with showers. The Aerobic Corridor Pavilion and Basler Park have tool stations for bikes.

Société de Plein Air des Pays-d'en-Haut (SOPAIR) Code of Ethics for Mountain Biking, in Force in our Network

- 1) Get a map of the trails, wear a helmet, respect your capacities, and have a repair kit.
- 2) Do not ride on closed trails. If they are closed, it is for a good reason.

- 3) Do not ride on heavy rain days and for the next 24 hours to prevent trail erosion.
- 4) Always ride on existing open trails to respect the natural environment.
- 5) Bring back your garbage. Leave no trace.
- 6) Be careful when passing others and always be courteous. Travel in small groups of ten people or less is preferable.
- 7) Yield to ascending cyclists and pedestrians, always. Ride slowly on a busy trail.
- 8) Do not make new trails or perform unauthorized work.
- 9) Respect private property where applicable. Riding on private property is a privilege and not a right. Be grateful for the generosity of the landowners

Respect for Private Property

Most of the cross-country ski trails are accessible only in the winter, from December 1st to April 15th. Come spring, it is imperative to respect these dates to ensure that access to these trails does not become permanently closed. **Not all our trails are accessible during the summer season.** Please visit the Outdoor page on the Municipality's website to view maps and trail conditions for the current season.

To obtain maps of accessible trails, please visit www.morinheights.com/Maps.

Reminder Regarding Dogs

Dogs are forbidden on the Aerobic Corridor but accepted on a leash on other walking trails. Feces must be picked up and discarded in a garbage bin upon your return. To ensure safety for everyone, please always keep your dog **on a leash**.

The Canine Corridor and Dog Park are the preferred choices to walk your dog in total security or to have him socialize with other dogs.

Canine Corridor: located at the intersection of Midi Road and Route 364

Dog Park: 100 Lac-Écho Road

Opening hours:

April 15 to November 15, 9:00 to 21:00

November 15 to April 15, 10:00 to 18:00

Day Camp

Come discover or rediscover the magnificent Campuces de Piedmont at the **Mont Habitant** site!

DAY CAMP—AGES 4 TO 15

Nine-week camp: June 25 to August 21

Regular schedule: Monday to Friday, from 9:00 to 16:00

Daycare available: From 7:00 to 9:00 and from 16:00 to 18:00

Theme and outing every week.



ONLINE REGISTRATION ONLY (piedmont.ca)
Morin-Heights residents: starting March 31, 2026, at 10:00



Day Camp for 4–12 Years Old

(4 y. o. as of June 25, 2026)

ENTIRE SUMMER (9 WEEKS) 4 TO 12 Y.O.

June 25 to August 21	1 st child	2 nd child	3 rd child
Morin-Heights' residents	\$830	\$805	\$780
non-residents	\$1,400		

PER WEEK 4 TO 12 Y.O.

Thursday and Friday (week 1, June 25 and 26)	1 st child	2 nd child	3 rd child
Morin-Heights' residents	\$55	\$50	\$45
non-residents	\$80		

Monday to Friday (weeks 2 to 9, June 29 to August 21)	1 st child	2 nd child	3 rd child
Morin-Heights' residents	\$135	\$130	\$125
non-residents	\$195		

Day Camp for 13–15 Years Old

(13 y. o. before Sept. 30, 2026)

3 DAYS PER WEEK 13 TO 15 Y.O.

Tuesday, Wednesday and Thursday (weeks 2 to 9)	1 st child	2 nd child	3 rd child
Morin-Heights' residents	\$135	\$130	\$125
non-residents	\$195		

Daycare for 4–12 Years Old

From 7:00 to 9:00 and from 16:00 to 18:00. After 18:00, there will be a lateness fee of \$1 per minute per child.

ENTIRE SUMMER (9 WEEKS) 4 TO 12 Y.O.

June 25 to August 21	1 st child	2 nd child	3 rd child
Morin-Heights' residents	\$250	\$240	\$240
non-residents	\$295		

PER WEEK 4 TO 12 Y.O.

Thursday and Friday (week 1, June 25 and 26)	1 st child	2 nd child	3 rd child
Morin-Heights' residents	\$15	\$10	\$10
non-residents	\$21		

PER WEEK 4 TO 12 Y.O.

Monday to Friday (weeks 2 to 9, June 29 to August 21)	1 st child	2 nd child	3 rd child
Morin-Heights' residents	\$37	\$32	\$32
non-residents	\$52		

OTHER FEES

Camp t-shirt	\$20
Late registrations	Registration
Additional fees for registration after June 1 st (per child/for the entire summer/per transaction)	\$25

Registration requires proof of residency (driver's license, tax account, utility account).

Cancellation refund policy: Before April 13, a 10% fee applies to all refunds. Free changes are subject to availability. From Tuesday, April 14, no refunds will be issued unless accompanied by a medical letter. However, a 20% administrative fee will apply.

Questions? 450 227-1888, ext. 230 or techloisirs@piedmont.ca

www.morinheights.com

Special Needs Support Program

Your child has special needs, and you are concerned about their successful integration into day camp? Now is the time to submit your request for support services. You will find all the documents and information you need to make your application on the website piedmont.ca. The deadline is March 27, 2026. For more information about the program: mpaquette@piedmont.ca.

Piedmont's Campuces JOB OFFERS—SUMMER 2026

We Are Looking for Passionate Animation Enthusiasts!

Piedmont's Campuces Day Camp program seeks dynamic and creative individuals to join its animation team. Do you dream of spending your summer in an enchanting setting while leading groups of children? Do you enjoy teamwork and have a sense of initiative? Are you available **from JUNE 25 to AUGUST 21** (inclusively, on weekdays) and for team training on weekends in late May and at the beginning of June? We want to meet you!

Positions available

Monitors for the day camp program for children aged 4 to 15.

Requirements

- Must be at least 16 years old.
- First aid and CPR certification or attend training scheduled on May 31st.

Tasks

- Ensure the well-being and safety of young participants.
- Lead and supervise sports, cultural, educational, artistic and outdoor activities.
- Help organize special activities.
- Plan daily activities as part of a team.
- Administer first aid in the event of injury.

Work Conditions

We offer competitive salaries starting at \$18.96/hour, a dynamic and welcoming work environment, and an outstanding team—everything you need to have a memorable summer.

Interested candidates are invited to send their resume to emploi@piedmont.ca.

ASPIRING MONITOR PROGRAM (AMP)

If you are 15 years old and fascinated by the world of day camps, **this program is for you!**

We offer you the opportunity to develop your leadership skills with the Campuces team. In this program, aspiring monitors learn about animation techniques for children of all ages, day camp group management, games and songs, teamwork, and communication.

Moreover, the AMP includes a practical internship. This allows you to apply your new skills in a day camp, under the supervision of a Campuces monitor.

Why do the AMP?

Besides the incredible experience, the aspiring monitor program will give you a strong advantage in job interviews at *Campuces*.

Each participant will receive a camp sweater and participate in weekly outings. Our enchanting site will give you the chance to experience a great summer by the lake and at the foot of Mont Habitant.

Campuces is proud to encourage the next generation: that's why we hire our aspiring monitors from the age of 16 and trained assistant monitors from the age of 15.

Date

From June 25 to August 21, 2026
Monday to Friday, from 9:00 to 16:00

Prerequisites

Must be 15 years old before September 30, 2026

Registration

Starting on March 24, 2026, on the website: piedmont.ca

Cost

Free

For more information

450 227-1888, ext. 230
mpaquette@piedmont.ca

Cultural Programming



Last-minute Reminder: concert by Yves Cloutier

Tickets are still available for the concert by Yves Cloutier, a singer-songwriter who will be performing his original compositions on an 18-string guitar. Come and enjoy this intimate trio concert on **Sunday, March 15, at 15:00**, at Chalet Bellevue!

Seating is limited; reservations are required at www.morinheights.com (click on the "Registration" button): \$5 with a citizen card or \$10 for non-residents.

Information:

chaletbellevue@morinheights.com
or 450 226-3232, ext. 132

Concert: The RC Jazz Sextet presents "Tribute to the Jazz Messengers"

SATURDAY, APRIL 11, AT 19:30, AT CHALET BELLEVUE

Dive into the world of Hard Bop with the R.C. Jazz Ensemble! Under the direction of Raoul Cyr, the R.C. Jazz Ensemble takes you on a journey through a defining era of jazz: Hard Bop, an energetic and "groovy" style born from the fusion of bop, gospel, and blues.

To recreate this unique atmosphere, Raoul Cyr is joined by seasoned musicians: Alain Boyer (drums), Michel Dubeau (tenor and baritone sax), Richard Leduc (alto and tenor sax), Daniel Loyer (piano), and Michel Viau (double bass). Together, they perform iconic pieces that shaped jazz history, such as "Moanin'", "Song For My Father," "Killer Joe," "Nica's Dream"... and many more! Let yourself be swept away by this vibrant repertoire that will delight both jazz enthusiasts and newcomers alike.

Limited seating; reservation required at www.morinheights.com (click "Registration"): \$5 with citizen card or \$10 for non-residents.

Information: chaletbellevue@morinheights.com
or 450 226-3232, ext. 132



Laurentian Reading Club

Enjoying reading, ideas, and each other's company since 1959.

The Laurentian Reading Club meets on the third Tuesday of every month, from September to June, at 13:00, at Chalet Bellevue in Morin-Heights.

Members are asked to contribute \$20 a year to cover the cost of books. For more information, please contact Jane Philibert at 450 275-2491 or janephil@cgocable.ca.

Knitting Group

The knitting group meets to knit, chat, and share ideas. And it's not just for knitters: those who like to crochet, do embroidery, or do other needlework are also welcome!

Meetings are held in Morin-Heights' library every Thursday from 13:00 to 16:00. You are welcome for the full three hours or for part of the time, depending on your availability.

This is an informal group; no need to sign up or book. All you have to bring are your supplies. Contact Monique Bélisle at 514 608-2323 if you have questions.

www.morinheights.com



HISTOIRE — HISTORY MORIN HEIGHTS



“All Aboard—Tous à bord,”

Morin-Heighters! All aboard for the launch of the Historical Association’s newest exhibition, at Chalet Bellevue Saturday, March 14, at 14:00.

This display features the diverse history of our community through interesting photos, artifacts, and written stories:

- Founders & Families
- Railways & Trailways
- Cultural Life
- Prehistory
- Leisure Life
- and much more!

Follow the exhibition as it travels to central Morin-Heights’ locations, such as the library, Trinity Church, Habitat Morin-Heights, Chalet Bellevue, and eventually to locations in the surrounding region of *Les Pays d’en Haut*.

Thanks to QAHN (Quebec Anglophone Historical Network), the Government of Canada, and the Municipality of Morin-Heights for their support of this project.

Follow us on Facebook “Morin Heights Historical Association” for more updates, news, and interesting facts.

Website: www.morinheightshistory.org
E-Mail: mhha98@hotmail.com



www.morinheights.com



Coming This Spring

TMH is proud to present a free play reading and a major spring production for the first half of the TMH 2026 season. Save the dates for these exciting upcoming events!

Staged Play Reading on March 25

Love the idea of acting but not learning lines? A rehearsed and directed play reading that allows you to be on stage with a script in hand is the solution! Check out how that works at our FREE performance on March 25 at 19:00 at Chalet Bellevue. Cash bar. Sit back, relax, and enjoy! If you want to get involved with future readings, let us know.

Spring Production—April 29 to May 3

Visit theatremorinheights.ca for details. Tickets at \$25 will go on sale in late March. Six performances at Chalet Bellevue.

Fall Production—November 4 to 8

Six shows, including two matinees. More info coming soon. Casting call later this spring. For those who are available to volunteer on stage or backstage, please let us know so that we can firm up programming. Tickets go on sale in late September.

For more information, visit theatremorinheights.ca or call 579 765-3999.

French-Language Reading Club (Club de lecture en français [CLEF])

The French-Language Reading Club continues its monthly meetings. We discuss new finds, books we rediscover, and favourites. Meetings are held at Chalet Bellevue every fourth Tuesday of the month from 14:00 to 16:00. For information about the club, contact Monique Bélisle at 514 608-2323.

Cultural Programming



Gathering Around the Medicine Wheel

Three First Nations artists (Éliane Kistabish, Anicinape from Pikogan, Don Barnaby, Mi'kmaq from Listuguj, and Valérie Ivy Hamelin, Mi'kmaq from Gespeg), accompanied by Senegalese griot Sadio Sissokho on the kora, invite you to experience

a unique immersion in the heart of Indigenous cultures. Together, you will gather around the Medicine Wheel to share songs, drum, music, teachings, oral tradition, crafts, and a powwow dance demonstration.

TWO OPPORTUNITIES ARE OFFERED FOR YOU TO ENJOY THIS EXPERIENCE:

- **On Saturday, March 28, afternoon session**, from 13:00 to 15:00, at **Chalet Bellevue**, in a warm and family-friendly atmosphere.
- **On Saturday, March 28, evening session**, at **Domaine Castel Marie Park**, for an intimate performance in the comfort of a chalet, from 19:30 to 21:00 (doors open at 19:00).

FREE! An invitation to discover, listen to, and celebrate the richness of Indigenous traditions. For more information: www.mosaicultures.com

Registration is required online at www.morinheights.com or by contacting chaletbellevue@morinheights.com or 450 226-3232, ext. 132.

OISEAUX MORIN-HEIGHTS BIRDS
ART AND SCIENCE EXHIBITION

The participants of Oiseaux Morin-Heights Birds invite you to explore what they have created inspired by the birds of Morin-Heights.

*paintings, drawings, maps,
 photographs, video, texts
 sculpture, installation art*

Learn about candidates for our municipal bird
Participate in creative activities

Vernissage: Thursday, May 21, 2026 5 - 7 pm
Exhibition hours:
Friday, May 22 - Sunday, May 25 10 am - 4 pm

Everyone is welcome to this free, family-friendly event.

Questions: Elizabeth Whalley elizabethwhalley@gmail.com

Chalet Bellevue
 27 rue Bellevue, Morin-Heights, QC

MORIN-HEIGHTS 1855
 CALQ
 MRC des Pays d'en Haut

ECO-FAMILY DAY 30.05

Exhibitors, activities,
 concert, and free lunch!



CENTRE SPORTIF Pays-d'en-Haut

SPRING SESSION 2026

Registration will take place from
March 29 to April 11, 2026.

To determine the level that best suits
the swimmer's age and abilities,
free assessments will be held on:

- March 19, from 17:30 to 20:00
- March 21, from 14:30 to 17:30

Information:

579 202-1722

www.centresportifpaysdenhaut.com

CHILDREN'S FISHING DAY

JUNE 6 - from 8:00

CASTEL MARIE, MORIN-HEIGHTS

**Registration
on site
5\$**

IGA
Morin-Heights

Pêche en famille

LES CHASSE-ÉCHO
PAYS-D'EN-HAUT

Information : (450) 226-3232 (132) or
chaletbellevue@morinheights.com

www.morinheights.com

Pickleball Courts

Location: Basler Park (99 Lac-Écho Road)

The four acrylic pickleball courts are located on the small skating rink at Basler Park. Time slots are reserved for open play, for sessions reserved for the friendly pickleball league, and for classes offered by the Municipality. The detailed schedule for each activity will be available on the Municipality's website and featured in the next Info Morin-Heights.

Reminders:

Rotations on the courts take place at fixed times: 10:00, 11:00, 12:00, etc., regardless of when you arrive at the court. A player who starts at 9:30 must leave at 10:00 if there are people waiting. Please be courteous!

Code of Conduct:

A code of conduct was established and approved in the summer of 2025. This code of conduct must be respected by all pickleball players using the facilities of the Municipality of Morin-Heights. The code of conduct will be posted at the entrance to the courts, and a hard copy must be signed by all members of the friendly pickleball league.

Tennis Courts

Location: Basler Park (99 Lac-Écho Road)

Time: 9:00 to 21:00, 7 days a week

One simple court with a synthetic surface

One double court with a synthetic surface

Time slots are reserved for open practice, for classes offered by the Municipality, and for private lessons authorized by the Municipality's providers ONLY.

TARIFICATION

Category	Free Practice	Equipment*
Morin-Heights resident	free with citizen card	
Non-resident	\$5 (per visit) \$40 (monthly pass) \$100 (summer pass, valid from June 1 st to September 30)	\$7 (2 rackets and 3 balls)
Student 17 years old and under	free with ID	

*Equipment loans are available between 9:00 and 16:00.



The Royal Canadian Legion's Activities

127 Watchorn Road

SATURDAY, MARCH 14

St. Patrick's Dinner, 18:00

SATURDAY, MARCH 28

Live Music with Pepper Grass R&B Band, 20:00

SUNDAY, APRIL 5

Pancake Breakfast, 9:30 to 12:30

SATURDAY, APRIL 11

Improv Comedy Night, 19:00 to 21:00

FRIDAY, APRIL 17

TGIF Smoked Meat, 17:30

SATURDAY, APRIL 25

Live Music with Bad A\$\$ Diva Show Band, 20:00

SATURDAY, MAY 2

Italian Night Supper, 18:00

FRIDAY, MAY 15

TGIF Smoked Meat, 17:30

SATURDAY, MAY 23

Live Music with Madhouse, 20:00



The Royal Canadian Legion's Flea Market Breakfast & BBQ Lunch

Saturday, June 6 • Saturday, July 4

Saturday, August 1st • Saturday, September 5

Djembe Classes every Monday & Tuesday at 19:00

Chair Yoga every Monday at 10:00

Street Hockey every Saturday morning

All events are open to the public!

Darts every Thursday at 15:00.

Hall rentals with bar service or not.

Information:

secretary171@cgocable.ca / www.legion171.com /
Facebook: legion171 / 450 226-2213

Music Shows

Facebook: morinheights live



F.C. Morin-Heights

F.C. Morin-Heights offers a summer soccer program for

boys and girls aged 4 to 21, located on the Morin-Heights Elementary School soccer field. The **Grassroots Program** (ages 4 to 8), held on Saturday mornings, focuses on developing basic soccer skills in a fun and positive learning environment over a 12-week period. The **CDC Program** (ages 9 to 12) includes one practice per week and games on Saturdays. The **Competitive Program** (ages 13 to 21) features regional league matches from May to September.

There is no selection process—everyone is welcome. Fees start at \$250 for residents and \$280 for non-residents. Limited financial assistance is available.

fcmorinheights.com • info@fcmorinheights.com



Accès-Loisirs Pays-d'en-Haut

**Free Activities for
People with Low
Income**

This program offers individuals aged 0 to 99 who live on a low income the opportunity to participate in recreational activities free of charge, in an atmosphere of respect and confidentiality. This opportunity allows Pays-d'en-Haut residents to break out of isolation and become socially active.

REGISTRATION – SPRING 2026 SESSION

SAINT-SAUVEUR

- **WHEN:** Wednesday, April 8, from 9:30 to 11:00
- **WHERE:** Church Basement in Saint-Sauveur (205 Principale Street)

SAINTE-ADÈLE

- **WHEN:** Monday, April 13, from 13:00 to 16:00
- **WHERE:** *Garde-Manger des Pays-d'en-Haut* (1291 Sainte-Adèle Blvd.)

To be eligible for the program, you must provide proof of income when you register.

For more information about this program, please call 450 226-3232, ext. 132.

www.morinheights.com



Beach Volleyball Court

Location: Lummis Park (928 Village Road)

Hours: 7 days a week, from 9:00 to 21:00 (scheduled to open on May 16)

Rate: access to the beach volleyball court is free for everyone

This summer, our beach volleyball court is getting a makeover. Work is planned to upgrade the equipment on site. The court will remain available before and after the renovations. Bring your own volleyball to play with friends!



Petanque Courts

Location: Basler Park (99 Lac-Écho Road)

Hours: 7 days a week, from 9:00 to 21:00 (scheduled to open on May 16)

Rate: free access to the petanque courts

Equipment Rental*: free for residents and \$7 for non-residents

Located on the surface of the large ice rink, our two petanque courts are available for you to enjoy this summer activity. Equipment is available on site; please ask the attendant at the entrance.

*Available between 9:00 to 18:00.



Viking Canoe and Kayak Club

Canoe Kids ½ Day Summer Program (6 to 11 years old): from June 29 to August 14, we offer a half-day summer camp program (Monday to Friday, 8:30 to 12:30).

Youth Development Program (11 to 14 years old): this program runs for two weeks (Monday to Friday, 8:30 to 12:30).

All equipment for each program is supplied. All programs are subject to change without notice, pending registration/demand.

For more information and to register:

www.canoekayakviking.ca

Email: canoekayakviking@gmail.com

Phone: 450 226-1876

Club Site: 160 Principale Road, Wentworth-Nord (beside the Pavillon Montfort)

Family Policy – Sports Activity Reimbursement

The Municipality of Morin-Heights reimburses the difference between the resident and non-resident registration fees, **up to a maximum of \$200 per child, per activity, per year**, for activities offered to minors, such as minor hockey league, baseball, figure skating, or swimming club.

Activities must be organized by a town located in the Laurentians, and reimbursement is available only to young people aged 17 and under who are permanent residents of Morin-Heights.

Requests for reimbursement must be submitted no later than sixty (60) days following the activity start date. **Refunds will be issued at the end of the season or session.**

The «Reimbursement Request» form is available on the municipal website under the «Online Services» menu, «Forms» submenu, or at Chalet Bellevue and must accompany all requests.

Inter-Municipal Agreement

An intermunicipal agreement between Morin-Heights, Piedmont, Sainte-Adèle, Sainte-Anne-des-Lacs, Sainte-Marguerite-du-Lac-Masson, Saint-Adolphe-d'Howard, and Saint-Sauveur allows residents from these seven towns to register for the courses offered through this agreement at resident rates. This agreement aims to promote specific courses and to offer our residents access to a more varied range of options.

Registration Process

Follow the registration procedure of the municipality offering the activity of your choice. Proof of residence is required to register with each municipality.

The list of courses offered through this agreement is available via this link:

www.morinheights.com/Courses-activities-offered

INFORMATION

Municipality of Piedmont:

450 227-1888, ext. 230 / piedmont.ca

Municipality of Sainte-Anne-des-Lacs:

450 224-2675, ext. 262 / sadl.qc.ca

City of Sainte-Adèle:

450 229-2921, ext. 7244 / ville.sainte-adele.qc.ca

City of Sainte-Marguerite-du-Lac-Masson:

450 228-2543, ext. 221 / lacmasson.com

Municipality of Saint-Adolphe-d'Howard:

819 327-2044, ext. 241 / stadolphedhoward.qc.ca

City of Saint-Sauveur:

450 227-0000, ext. 4000 / vss.ca

Consult the complete Morin-Heights course schedule on pages 21 to 23.

Courses Offered

REGISTRATIONS BEGINS MARCH 11

BY INTERNET

www.morinheights.com
click the "Registration" button
on the homepage

BY PHONE

450 226-3232, ext. 132

IN PERSON

At Chalet Bellevue, 7 days a week,
from 9:00 to 16:00

Information

For details on course content, please contact Chalet Bellevue or the instructor directly.

Intermunicipal Agreement

Courses marked with an asterisk (*) are offered as part of an intermunicipal agreement.

Spring Package

Day package:

Gives you access to six different classes (offered during the day) for a single price!

Evening package:

Gives you access to three different classes (offered after 16:30) for a single price!

You want to sign up for both packages?

Get a **20% discount** on both packages!



www.morinheights.com

SPRING PACKAGE

STARTING APRIL 13

DAY PACKAGE 10 WEEKS

\$ 245 **\$ 280**
residents non-residents

EVENING PACKAGE 10 WEEKS

\$ 175 **\$ 200**
residents non-residents

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
DAY PACKAGE				
9:00 - 10:00 Pilates Mariem	8:45 - 9:45 Cardio-Toning Manon	9:00 - 10:00 Yoga for all level Lynda 13:30-14:30 Nordic Hiking Jayne	10:30 - 11:30 Solo Latino Francisco	9:30 - 10:30 Nordic Hiking Jayne
EVENING PACKAGE				
18:30 - 19:30 Cardio-Toning Katy		18:30 - 19:30 Yoga for all level Lynda	18:30 - 19:30 Strength-Flexibility Katy	

BOTH PACKAGES

20% OFF

Registrations starts on March 11

WWW.MORINHEIGHTS.COM
 PHONE: 450 226-3232 (132)
 OR IN PERSON AT CHALET BELLEVUE

Physical Activities

* courses included in the intermunicipal agreement

PHYSICAL ACTIVITY	DAY	AGE GROUP	INSTRUCTOR	TIME	DURATION	START DATE	RESIDENTS	NON-RESIDENTS
Abs, Buttocks, Thighs*	Monday	adults	Katy de Denus	19:30 - 20:30	10 weeks	April 13	\$150	\$172,50
Cardio Latino*	Thursday	adults	Francisco De La Calleja	11:45 - 12:45	12 weeks	April 2	\$156	\$180
Cardio-Toning* <i>offered in the day and evening package</i>	Monday	adults	Katy de Denus	18:30 - 19:30	10 weeks	April 13	\$130	\$150
	Tuesday		Manon Coulombe	8:45 - 9:45		April 14	\$130	\$150
Line Dancing beginner 1*	Tuesday	adults	Sylvie Labelle	17:15 - 18:15	10 weeks	March 31	\$100	\$115
Line Dancing beginner 2*	Tuesday	adults	Sylvie Labelle	18:30 - 19:30	10 weeks	March 31	\$100	\$115
Fiesta Dance*	Monday	teens, adults	Mariem Valdes	18:30 - 19:30	10 weeks	April 13	\$150	\$175
Flexi-Dance*	Thursday	adults	Francisco De La Calleja	13:00 - 14:00	12 weeks	April 2	\$156	\$180
Introduction to Nordic Walk*	Wednesday	adults	Jayne Pollock	10:30 - 11:30	8 weeks	April 15	\$100	\$115
Karate	Friday	adults	Gilles Labelle	17:30 - 18:30	1,3,5 or 10 months	on-going	based on the length of the session	based on the length of the session

For registration, please contact Kyoshi Gilles Labelle at 450 431-1444.

Pickleball	Keep an eye out for the pickleball class schedule, which will be posted on the Municipality's website in May.							
Pilates* <i>offered in the day package</i>	Monday	adults	Mariem Valdes	9:00 - 10:00	10 weeks	April 13	\$130	\$150
Qi gong Do In - Meditation	Thursday	teens, adults, seniors	Geneviève Pepin	16:30 - 18:00	10 weeks	April 16	\$200	\$230
Nordic Trekking* <i>offered in the day package</i>	Wednesday	adults	Jayne Pollock	13:30 - 14:30	10 weeks	April 15	\$130	\$150
	Friday			9:30 - 10:30		April 17	\$130	\$150
Solo Latino* <i>offered in the day package</i>	Thursday	adults	Francisco De La Calleja	10:30 - 11:30	12 weeks	April 2	\$156	\$180
Tai Chi Chuan	Saturday	adults	Robert Lee	9:00 - 11:00	12 weeks	April 11	free	free
Tennis	Keep an eye out for the tennis course schedule, which will be announced in May on the Municipality's website.							

* courses included in the intermunicipal agreement

PHYSICAL ACTIVITY	DAY	AGE GROUP	INSTRUCTOR	TIME	DURATION	START DATE	RESIDENTS	NON-RESIDENTS
Tonus-Flex* <i>offered in the evening package</i>	Thursday	adults	Katy de Denus	18:30 – 19:30	10 weeks	April 16	\$130	\$150
Yoga for everyone* <i>offered in the day and evening package</i>	Wednesday	teens, adults	Lynda Yoso zen	9:00 – 10:00	10 weeks	April 15	\$145	\$170
				18:30 – 19:30				
Soft Yoga 65 y. o. and over*	Wednesday	seniors	Lynda Yoso zen	10:15 – 11:30	10 weeks	April 15	\$145	\$170
Yoga for Beginners	Wednesday	teens, adults	Lynda Yoso zen	17:15 – 18:15	10 weeks	April 15	\$145	\$170

Cultural Activities

* courses included in the intermunicipal agreement

CULTURAL ACTIVITY	DAY	AGE GROUP	INSTRUCTOR	TIME	DURATION	START DATE	RESIDENTS	NON-RESIDENTS
Artistic Workshop in Photography and Multimedia Arts	Friday	teens, adults	Karyn Dupuis	9:30 – 11:30	8 weeks	April 17	\$260	\$300
				18:00 – 20:00				
Bridge Lessons intermediate	Monday	adults	Louise Lalonde	10:00 – 11:30	7 weeks	May 11	free	free
Spanish* level 3	Thursday	adults, seniors	Yoalli Gallegos	13:00 – 14:30	10 weeks	April 9	\$185	\$213
Spanish Conversation* beginner and intermediate	Thursday	adults	Yoalli Gallegos	11:30 – 13:00	10 weeks	April 9	\$185	\$213
Spanish Conversation* advanced	Thursday	adults	Yoalli Gallegos	10:00 – 11:30	10 weeks	April 9	\$185	\$213

Courses for Children

* courses included in the intermunicipal agreement

COURSES FOR CHILDREN	DAY	AGE GROUP	INSTRUCTOR	TIME	DURATION	START DATE	RESIDENTS	NON-RESIDENTS
Ballet* beginner 2 (recital) 3-6 y. o.	Monday	3-6 y. o.	Mariem Valdes	16:15 – 17:00	10 weeks	April 13	\$150	\$175
Creative Dance* (recital) 6-9 y. o.	Friday	6-9 y. o.	Mariem Valdes	17:15 – 18:00	10 weeks	April 13	\$150	\$175
Karate	Friday	5 y. o. and up	Gilles Labelle	17:30 – 18:30	1,3,5 or 10 months	on-going	based on the length of the session	based on the length of the session

For registration, please contact Kyoshi Gilles Labelle at 450 431-1444.

Important Numbers

Town Hall:

567 chemin du Village
Morin-Heights (Québec)
J0R 1H0

Telephone: 450 226-3232

Telecopieur: 450 226-8786

www.morinheights.com

municipalite@morinheights.com

Emails:

bibliotheque@morinheights.com

chaletbellevue@morinheights.com

comptabilite@morinheights.com

conseil@morinheights.com

loisirs@morinheights.com

mutation@morinheights.com

pleinair@morinheights.com

service.urbanisme@morinheights.com

ssi@morinheights.com

taxes@morinheights.com

travauxpublics@morinheights.com

Sûreté du Québec des Pays-d'en-Haut

450 227-6848

Animal Control:

1 866 960-7722 • www.spcall.ca

Citizen Portal:

citoyen.morinheights.com



[www.facebook.com/
MunicipaliteMorinHeights](http://www.facebook.com/MunicipaliteMorinHeights)



[www.instagram.com/
municipalitedemorinheights](http://www.instagram.com/municipalitedemorinheights)



[youtube.com/
@MunicipalitedeMorinHeights](http://youtube.com/@MunicipalitedeMorinHeights)



t.me/morinheights

Emergency 911:

Public Works (evenings,
nights, weekends, and
holidays) – Fire –
Police – Ambulance –
Emergency Measures

*Photos: Paul Mackay, Ève Des Rochers, Jean-Pierre
Thuin, Nina Peyron*

*Legal Deposit – Bibliothèque et Archives nationales
du Québec, 2026*

Graphic Design:
Turquoise Design

Production:
Les Imprimés Triton / 1 888 990-3486
www.groupetriton.com