

INFO

Morin-Heights

In harmony with nature



MORIN-HIGHTS
1855

MUNICIPAL INFORMATION

WINTER 2025-2026

DECEMBER / JANUARY / FEBRUARY / MARCH
VOL. 28 NO 5

- 04 / christmas market
- 18 / concert by *Le Diable à 5*
- 21 / disco skating evening
- 02 / news
- 07 / municipal services
- 08 / collections calendar
- 16 / cultural programming
- 19 / activities
- 25 / classes

Concert by Yves Cloutier

SUNDAY MARCH 15, AT 15:00

Yves Cloutier is a singer-songwriter who instinctively navigates between genres. He presents "Fleuve," a first opus of five original pieces, led by an 18-string guitar. An ode to the power of nature and the St. Lawrence River, an inexhaustible source of inspiration for the composer, the album draws on a variety of styles while evoking mythical and folkloric universes.

The fruit of a collaboration between father and daughter, the project was born of Julie-Anne's desire to immortalize the instrumental work of her father, Yves, built up over 40 years of creation. Their complicity was supported by the sensitivity of director and arranger Olaf Gundel, who captured the spirit of the pieces and brought them to life, consolidating the initial alchemy.



(continued on page 16)



Word from the Mayor

Fellow Morinheighters,

It is with emotion and gratitude that I thank you for the trust you have placed in me on November 2nd. I have

met with many of you, and you have told me how truly thankful you are to live in our beautiful municipality. Rest assured that I will continue to work enthusiastically to grow our community while respecting the environment and our quality of life. Many thanks to the residents of Morin-Heights!

Thank you to all the candidates who ran in this municipal election. Congratulations to those who were re-elected, as well as the newly elected members. I am also very proud to welcome a majority of women to the municipal council, a FIRST! We will all work together in a spirit of cooperation and respect, always for the best of our community.

Last October, the northern part of the municipality was hit by a major fire that unfortunately affected nearly 31 hectares. The steep terrain, high drought levels requiring large amounts of water and several tree fellings made the work demanding for forest firefighters. I want to thank the SOPFEU staff and our firefighters. A special thank you to the citizens who got involved in monitoring, informing and directing the teams. THANK YOU ANDRÉ MALACKET, GUILLAUME DUPEUX, EVAN FRANKEL and MAGGIE WINSTON.

You may have noticed that major roadwork was completed in November on Provence, Meadowbrook and Lac-Écho streets. Council made these choices at the beginning of the year based on compelling criteria and in accordance with taxpayers' ability to pay.

In recent years, the Municipality has made considerable efforts to improve communication with citizens. I invite you to visit the CITIZEN PORTAL, which provides information on major projects and allows you to express yourself and communicate

with us. Also, sign up for the email newsletter and text alerts, which provide faster and more frequent information (www.morinheights.com/Forms-143).

I am hoping for a snowy winter so we can fully enjoy the snowshoeing, cross-country skiing and walking trails. I look forward to seeing you on one of our trails!

Finally, I wish you a wonderful holiday season surrounded by your loved ones and a new year filled with peace, health and happiness.

Louise Cossette
Mayor



www.morinheights.com

Knitting trees

Mittens, scarves, tuques, neck warmers; our knitting trees are starting to bear fruit! Please continue to feed them with your knitted items for children. Once your items are finished, take them to the library or Chalet Bellevue and hang them on the trees that will be in place until early January.

As we did in the past years, we will “pick” the trees when they are full and distribute the knitted goods to less fortunate families in the region. So, knitters, pick your needles and get to work!

For more information, please contact Monique Bélisle at 514 608-2323.

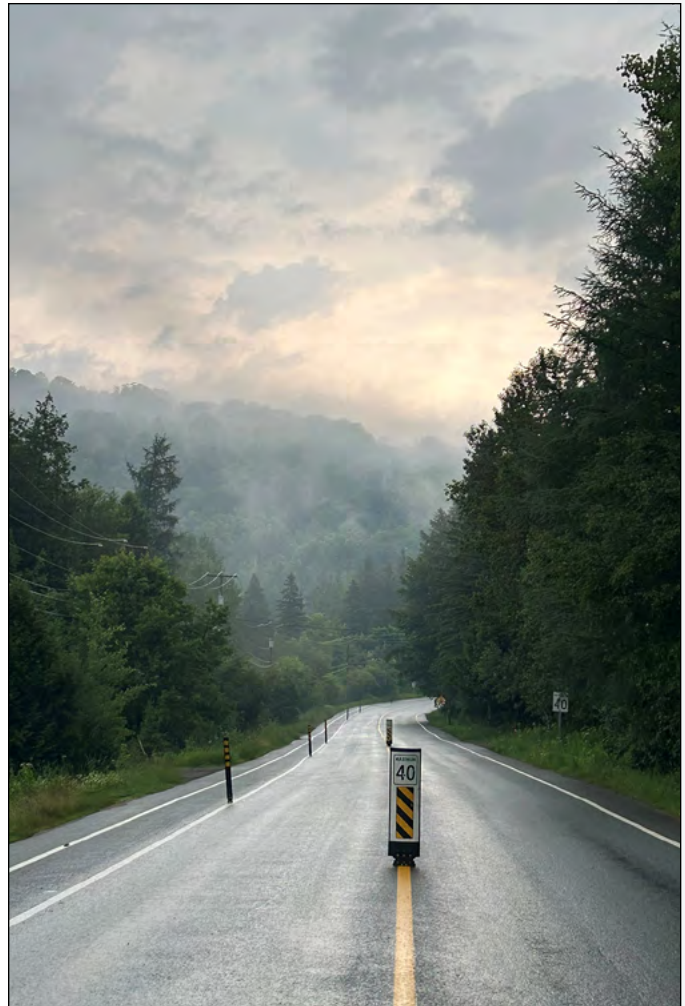


Photo Contest

Now is the time to showcase your most beautiful local images!

Submit your finest snapshots to karyne.bergeron@morinheights.com for a chance to win a gift card from a local shop! The winner will be announced in the upcoming bulletin.

To be accepted, your photos must:

- have a minimum size of 1 MB;
- be free of rights.

Please note that selected photos will be kept in our municipal image bank and may be used to illustrate our various communication tools or ads.

The previous edition's contest winner, **Mrs. Heather MacLeod**, won a \$75 gift card from *Boulangerie du P'tit Chef*, located at 707 Village Road. Congratulations!



www.morinheights.com



ENTRAIDE BÉNÉVOLE
DES PAYS-D'EN-HAUT
Centre d'action bénévole



1980-2025

Célébrons ensemble
d'histoires de cœur et d'entraide

1013, rue Valiquette Sainte-Adèle Québec J8B 2M4

450.229.9020

March 7, 2025, marked the 45th anniversary of *Entraide bénévole des Pays-d'en-Haut*, one of the most significant pillars of our MRC.

45 years of kind services offered to vulnerable people of the MRC, thanks to the initiative of two visionary individuals, Mrs. Monique Surprenant and Mrs. Cécile Paradis.

45 years later, Mrs. Paradis is still active within the organization, and she observes its evolution with immense pride. Over the past year, 277 volunteers provided more than 57,000 services to nearly 4,400 beneficiaries experiencing a loss

of autonomy, to promote their maintenance in their living environment.

Entraide bénévole des Pays-d'en-Haut is constantly looking for new volunteers to join its team. If the idea seems attractive to you: www.entraidebenevolepdh.com or 450 229-9020.

Source:

Marie-Josée Chabot

Director

marie-josee.chabot@entraidebenevolepdh.com

450 229-9020

MORIN-HEIGHTS
1855

COME AND JOIN US AT OUR
Christmas Market

DECEMBER 6
10:00 - 16:00

DECEMBER 7
10:00 - 15:00

CHALET BELLEVUE
27, RUE BELLEVUE, MORIN-HEIGHTS

Laurentian Region Cancer Support Group

The group offers English-speaking support services to cancer patients, caregivers and their families in the Laurentian region in a friendly and welcoming setting. The meeting format includes group discussions and relevant information from guest speakers. Free monthly meetings are held at Chalet Bellevue (27 Bellevue Street, Morin-Heights) or online via ZOOM. Upcoming dates: **January 17, February 21, March 21 and April 18**. Donations are welcome (tax receipts provided).

For more information about the group's services, meetings, and guest speakers, call June Angus at **450 226-3641** or email cancer.laurentia@yahoo.ca.

If you belong to the English-speaking community, live in the Laurentians, and want your voice heard to thrive in an inclusive society, you should become an official 4Korners member!

4Korners works toward empowering the regional partners and the Laurentian English-speaking community to improve service access. We aim to connect individuals with programs and services to meet their identified needs in a secure and inclusive environment.

The organization also offers a wide range of activities that focus on healthy lifestyles and mental health, foster creativity, improve employability, and provide support for youth, families, individuals, seniors, and caregivers of people 65 years and older.

<https://4korners.org/event-calendar/>

For more information: info@4korners.org • 450 974-3940 • <https://4korners.org>



TO MAKE
A DONATION



The Garde-Manger des Pays-d'en-Haut is a non-profit organization established since 1995. We provide food and clothing assistance to vulnerable individuals in the MRC des Pays-d'en-Haut.

FOR INFORMATION/REGISTRATION FOR THE FOOD COUNTER IN MORIN-HEIGHTS

📞 450 227.3757 | 450 229.2011 Monday to Thursday 8:30 a.m. to 4 p.m.

@ info@gardemangerpdh.ca

🌐 gardemangerpdh.ca

To receive food assistance, each person is assessed according to their socio-economic situation.



The Fouillerie is managed by the Garde-Manger. It offers low-priced clothing for the whole family, as well as household items, sporting goods, and used toys donated by local residents.

ALL PROFITS GO DIRECTLY TO THE GARDE-MANGER DES PAYS-D'EN-HAUT.

Open | Thursday and Friday 9 a.m. to 3 p.m.
1st Saturday of the month 9 a.m. to 2 p.m.

28 Bennett Street, Morin-Heights | 450 644-0087



This Winter, Build Your Path With the CJE des Pays-d'en-Haut!

- > Do you feel a little lost?
- > Are you wondering about your future?
- > Do you feel like you're stuck?

Come meet us, we will help you with your job search, your choice of studies or even your personal project. Personalized support, workshops, activities — it's all **free**.

Visit our website to learn more about our services and programming!

CJE des Pays-d'en-Haut:

22 Rue Goyer, Saint-Sauveur (Québec) J0R 1R0
450 227-0074 • info@cjepdh.ca • www.cjepdh.ca

Facebook: @CJEPDH

Instagram: cje_pdh



TACL Celebrates 35 Years of Accessibility and Inclusion

The *Transport adapté et collectif des Laurentides* (TACL) proudly celebrates 35 years of service supporting individuals with mobility challenges. Each year, the service enables thousands of essential trips to healthcare, work, school, and other daily activities, promoting social inclusion across the region. To mark this milestone, an immersive adapted transportation experience took place on September 29 with local elected officials in attendance. TACL remains committed to offering accessible, equitable transportation across its service area, including Morin-Heights, in the MRCs of Laurentides, Antoine-Labelle, and Pays-d'en-Haut.

Holiday Schedule

All municipal offices will be closed for the holidays from Monday, December 22, 2025, to Friday, January 2, 2026.

We wish you a joyful Christmas and an exciting 2026!



Retrospective of the Pickleball Summer Season

The Morin-Heights Friendly Pickleball League was a real success this past summer! A committee of volunteer enthusiasts stepped up to optimize the players' experience. Thanks to them, a tournament was held to wrap up the season on September 6. This unifying event allowed our pickleball league to raise \$1,000, which was donated to the *Garde-Manger des Pays-d'en-Haut* food bank—a generous initiative on their part! Congratulations to all the committee members and players who contributed to the league's success this summer!

Thank you to the volunteers:

Sylvie Charland, Barbara Kelly, Venetia Bodycomb, Jacques Gravel, Claire Marcotte, and Marion Lewis-Brown

Town Planning and Environment

Ecological Connectivity: Together, Let's Make Room for Nature

Nature needs space to breathe and to move. **Ecological connectivity** is what allows animals to travel, plants to spread, and ecosystems to stay healthy. Without these natural connections, biodiversity declines, habitats become isolated, and our territory grows more vulnerable to climate change.

Why is This Important?

- **Animals** need to move to find food and reproduce.
- **Plants** spread thanks to wind, water, or pollinators.
- **Connected natural areas** filter water, clean the air, and reduce flood risks.
- A healthy environment also means a **better quality of life** for all of us.

Our Steps Toward a Greener Future

With the **revision of our urban planning by-laws**, we have adopted new measures to strengthen ecological connectivity across our territory:

- **Larger lot sizes** to limit fragmentation.
- **Mandatory preservation of natural spaces** on all properties.
- Planning **new streets in areas of least environmental impact** to reduce disturbances to sensitive habitats.

A Green Step Toward the Future

These actions support the creation and protection of **ecological corridors**—true natural highways for wildlife and plants. They also help build a territory that is more **resilient to climate change**, while preserving a healthy, harmonious living environment for current and future generations. It's a way of caring for today while planning for tomorrow.

Together, let's continue making our municipality a place where **development and nature move forward hand in hand**.

Ecocentre

The inter-municipal Ecocentre is located at 2125 Jean-Adam Road, Saint-Sauveur.

Opening Hours

From April 1 to November 30: open every day (except Wednesdays), from 7:30 to 16:45.

From December 1 to March 31: open from Tuesday to Saturday, from 7:30 to 16:00.

The Ecocentre will be exceptionally closed on Friday, December 19, from noon to 14:00. For the holiday season, it will be closed from December 24 to 26 and from December 31 to January 2 inclusively.

Information: www.vss.ca/services-aux-citoyens/services/ecocentre
ecocentre@vss.ca
450 227-0000, ext. 3200

Collections Calendar

Sector 2 - YELLOW



		December	January	February	March
Recycling		9 · 23	6 · 20	3 · 17	3 · 17 · 31
Garbage		16 · 30	13	10	10
Organic		4 · 18	2 = Friday 15 · 29	12 · 26	12 · 26
Bulky items					

Sector 2 - GREEN



		December	January	February	March
Recycling		9 · 23	6 · 20	3 · 17	3 · 17 · 31
Garbage		16 · 30	13	10	10
Organic		5 · 19	2 · 16 · 30	13 · 27	13 · 27
Bulky items					



**MRC des
Pays-d'en-Haut**

- At the curbside before 7:00 a.m. on day of pick-up.
- Allow a 50 cm space around the bins.
- Lid must be closed and wheels facing the property.
- Place the bin at the end of the driveway (maximum 1.5 m from the street), with no obstacles in front.
Bulky items must be placed at the curbside on Sunday evening for pick-up during the week. All bulky items are buried without being sorted or reused. Consider selling or donating before discarding.
- Bulky items must be placed at the curbside on Sunday evening for pick-up during the week. All bulky items are buried without being sorted or reused. Consider selling or donating before discarding.
- In winter, the bin must not be buried in snow or frozen to the ground.

Pick-up problem? Broken bin?
www.lespaysdenhautrecyclent.com

www.morinheights.com



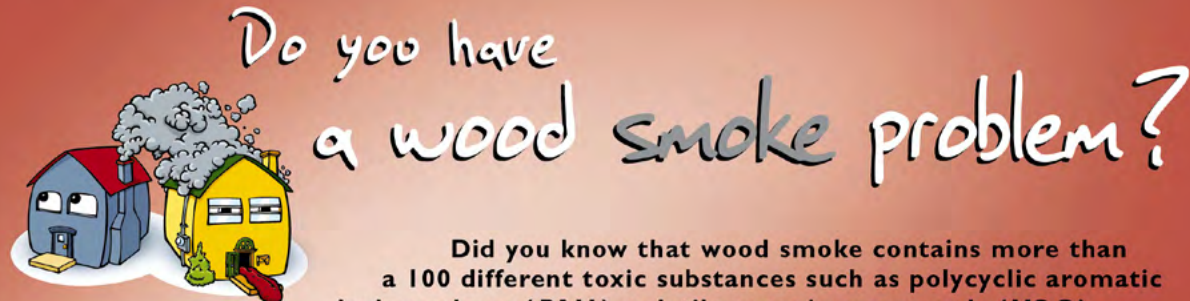
Morin-Heights Fire Department and First Responders



Government
of Canada

Gouvernement
du Canada

Canada



Did you know that wood smoke contains more than a 100 different toxic substances such as polycyclic aromatic hydrocarbons (PAH), volatile organic compounds (VOC), fine particulate matter ($PM_{2.5}$) and carbon monoxide (CO)? Indeed, on an annual basis in Canada, wood heating contributes to almost 30% of fine particulate matter emissions coming from human activities (industrial, transport,...). Particulate matter can be inhaled deep into the lungs. Those suffering from cardiovascular and respiratory disease, as well as young children and the elderly, are especially vulnerable to the presence of these pollutants in the air. Here are some tips to reduce wood smoke created by your appliance:

Don't...

- ... use your wood stove or fireplace if you don't have to
- ... heat with wood when a smog alert is in effect unless wood heat is your main heating source
- ... burn garbage, plastic or glossy magazines and cardboard
- ... burn wet, green, shore drift wood, painted or treated wood
- ... store your wood in a wet area
- ... don't let a fire smoulder overnight and don't dampen down your fire.



Do...



Use your wood stove or fireplace **only** if you have to

Be informed of winter smog condition and follow the advice regarding wood heating

Make a small hot fire

Burn dry, clean wood

If possible, switch to another type of heating

If you must heat with wood, upgrade to a new EPA certified wood stove.





Important Reminders

Don't forget to have your chimney swept!



The civic number of a building is not a decorative or useful element only for the mail. This number is the main reference for quickly locating a place by emergency responders, day or night. A clearly visible civic number allows emergency services to locate a building more quickly and thus save significant delays.

Don't forget the *Guignolée* on December 13, 2025

As every year, we will be located near the IGA, at the intersection of Village Road and Route 364.

During the holiday season, the demand for food increases. We stand together to allow everyone to celebrate this period with dignity. The donations collected are also used in the months that follow, when donations are often rarer, but the needs are still present.

Public Works

The Municipality is seeking the population's cooperation to respect the municipal instructions and regulations for the winter period and thus allow our snowplows to intervene quickly and effectively this winter.

Temporary Winter Shelters and Property Markers

Be sure to set up your temporary winter shelter and markers on your property. The structures and markers installed in the street right-of-way interfere with snow removal operations and slow down the work of operators. Use wood or fibreglass poles since metal poles can damage snow removal equipment, causing significant costs and delaying work. In addition, if breakages are caused to structures located within the municipal right-of-way, the Municipality cannot be held responsible for the damage because it is the citizens' responsibility to respect this area.



Curbside Collection

At all times, it is important to place the bins at the curb only on collection day. Extra care must be taken in the winter and your cooperation is key regarding the collection and snow removal operations. Your bin must be placed in your driveway at no more than 1.5 metres from the road to avoid being knocked over by the snowplow. Fallen bins cannot be emptied.



Streets Snow Removal

Snow removal and the spreading of abrasive are the main activities of the Public Works Department during winter. The speed of execution of these activities improves safety on our streets. For this reason, we remind you that when removing snow from driveways, parking lots and pedestrian walkways, you must deposit snow on your private land and not on the Municipality's land to not interfere with snow removal operations. It is your responsibility to notify your private contractor. Anyone who contravenes this by-law is liable to a minimum fine of \$100 for a first offence (By-law 569 2019). Remember that parking is prohibited on all public roads, under the penalty of a fine and the risk of being towed at your expense.

Sanding

The mixture spread on the roads is made of sand to which 5% of salt is added and is generally applied once the snow has stopped falling. This mixture is more efficient and easier on the environment than salt alone, as salt is efficient only when temperatures range between 0°C and -15°C.

Courtesy and Respect

During snow removal operations, we invite you to show courtesy by giving way to snow removal vehicles so that they can perform safe maneuvers during their various operations. During a loading operation, you should never overtake the convoy of trucks unless a flag person gives you permission to do so.

Likewise, compliance with the flaggers' instructions is always essential during detours since the objective remains to accelerate all snow removal activities, allowing users to regain full access to the public highway in the areas as fast as possible.

Sidewalks Snow Removal

Snow removal on sidewalks and widening of roads is done with various vehicles and a snowblower. By-law 401 (available online) allows snow blowing on private properties by the Municipality.



Private Property

Whether there is a fence, a hedge or a flower bed in front of your property, it is important to protect it in the fall. Note that the first metre within your property line, not from the curb or the ditch, must remain free of any installations or structures. This clearance is required primarily for snow removal operations. This principle also applies to garbage, recycling, and compost bins.

All owners remain responsible for their landscaping installations bordering a road, and the Municipality will not accept any liability claims for damages incurred to these structures or plants.

Outdoor Network

Events Calendar

- *Première Neige Race* at Sommet Morin Heights on December 12 and 13
- Viking Ski Club: First lesson of the program on January 3
- Torchlight snowshoe hike at Basler Park on January 24
- Viking Ski Club: Ski O on February 15
- Viking Ski Club: The 54th Viking Loppet on February 22
- *Coupe Québec* at Sommet Morin Heights on March 20, 21 and 22



The network: more than 160 km of cross-country skiing, snowshoe and fatbike trails within your reach!

Cross-country Skiing

Whether you're a fan of classic skiing, skate skiing, or backcountry adventures, our trail network invites you on a true escape into nature, with breathtaking snowy landscapes.

- Classic cross-country skiing: access points at Basler Park, Chalet Bellevue, the Aerobic Corridor, and Domaine Castel Marie Park.
- Skate skiing: accessible from the Aerobic Corridor.
- Backcountry skiing: discover the trails at Des Bouleaux Park.

With a seasonal pass or a day ticket purchased online or at one of our sales points, the trails of the Viking Cross-Country Ski Club (Jackson Road) are also accessible, although parking there is limited.

Snowshoeing

Several nearby trails are accessible:

- **Basler Park** — 99 Lac-Écho Road: Snowshoe enthusiasts are invited to explore the 15 km of available trails. Surrounded by stunning scenery, visitors can truly enjoy the great outdoors.
- **Des Bouleaux Park** — 19 des Bouleaux Road: Quiet forest trails leading to natural lookouts.
- **Sommet Morin Heights** — 231 Bennett Street: Access via the main parking lot. This area features several marked trail loops offering beautiful views of the Saint-Sauveur Valley and its surrounding landscapes.
- **Domaine Castel Marie Park** — 900-910 Route 364: This peaceful sanctuary offers a quiet moment in a park that blends nature and history.

In addition to snowy vistas, these sites are ideal for wildlife observation, winter photography, and peaceful nature breaks.

Fatbike

About 15 km of trails are accessible and maintained by snowshoers at Basler Park.

Pricing:

- Season passes can be purchased online or at the Chalet Bellevue
- No charge for children 17 years old and under
- Access to the snowshoe and fatbike trails is free upon presentation of the citizen card!
- Details: www.morinheights.com/Outdoors

Landowners & Ski or Snowshoe Trails

Do you own a property with a municipal cross-country skiing or snowshoe trail on it? Come to the Chalet Bellevue (27 Bellevue Street) or send an email to skidefond@morinheights.com with your proof of residence and lot number to receive free VIP passes for you and two of your guests (transferable guest passes). Once your request has been submitted, we will process it within 7 to 14 days before your passes are issued.

Service Centres

WELCOME CENTRES	SERVICES OFFERED AT EACH WELCOME CENTRE	ACTIVITIES STARTING AT EACH CENTRE	OPENING HOURS
Chalet Bellevue 27 Bellevue Street	• Waxing room • Ticket office • Restrooms • Showers • Rest area	• Classic cross-country skiing • Snowshoeing • Fatbike	9:00 to 16:00
Basler Park 99 Lac-Écho Road	• Restrooms • Heated rest area • Outdoor fireplace	• Classic cross-country skiing • Sliding • Snowshoeing • Fatbike	
Des Bouleaux Park 19 des Bouleaux Road	• Restrooms	• Backcountry cross-country skiing • Snowshoeing	
Domaine Castel Marie Park 900-910 Route 364	• Restrooms • Rest Area	• Classic cross-country skiing • Snowshoeing	
Aerobic Corridor Pavilion 50 Lac-Écho Road	• Restrooms	• Classic cross-country skiing • Skating cross-country skiing • Snowshoeing • Fatbike	Saturday & Sunday 8:00 to 17:00
Viking Cross-Country Ski Club 393 Jackson Road	• Restrooms	• Classic cross-country skiing • Snowshoeing	

Conditions and Opening of the Trails

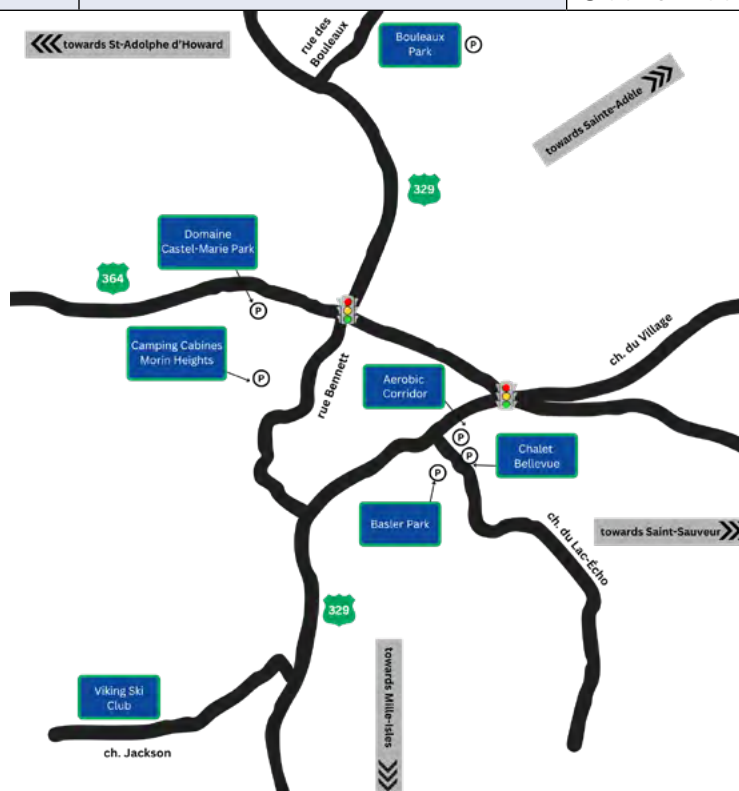
Want to know the conditions?

Visit morinheights.com/Outdoors. An update is made daily, as well as the date of the last mechanical maintenance.

Some conditions do not allow the use of the trails in order to preserve their quality or restoration; please respect these instructions when notices are issued. In addition, some trails have been modified. It is crucial to respect signage and private properties.

Equipment Rental

Cross-country ski and snowshoe: The rentals are located at 27 Bellevue Street, in the basement of Chalet Bellevue.



Reminder About Dogs

Dogs are allowed on snowshoe trails only and must be on a leash. It is also possible to walk your dog at the Canine Corridor on du Midi Street or at the dog park located at 100 Lac-Écho Road.

Library

The municipal library is closed on statutory holidays. Library membership is **free** for all residents.

Hours:

Tuesday to Friday: 10:00 to 18:00

Saturday: 9:30 to 16:30

The library will be closed from December 22 to January 1, inclusive.

823 Village Road

450 226-3232, ext. 124

bibliotheque@morinheights.com

mabiblioamoi.ca

We invite you to reserve your documents in advance on mabiblioamoi.ca or by email. For returns, the book chute is always accessible on the side of the building.



Les Z'animés, Presented by the Library (in French)

To ensure that you have a place, please register through the Municipality's website: www.morinheights.com.

Come play with Roxane and Rouki for Christmas DECEMBER 20, 10:30

Storytime gets festive with author Roxanne Turcotte! During her reading, she invites families to join Rouki, the little squirrel with a big heart, in decorating its Christmas pinecones.

Fizzing Bath Bombs! JANUARY 31, 10:30

Children will make their own 100% natural bath bombs—it's so easy and rewarding! During this workshop, they will customize the colour and scent of their bombs however they like.

American Art in the 19th and 20th Centuries AVAILABLE FOR VIEWING ON THE MUNICIPALITY'S YOUTUBE CHANNEL, FROM FEBRUARY 10 TO 24

American art of the 19th and 20th centuries draws inspiration from European aesthetics, wilderness, and industrial and urban landscapes. Discover the different facets of the construction of the American myth, marked by a strong social realism that reveals the ideals and dark sides of this complex and fascinating society.

Zoologiste en action! Animals are waking up! MARCH 7, 10:30, *SPRING BREAK ACTIVITY*

Discover how animals prepare to survive Quebec winters! Some animals decide to head south, but most stay with us during the snowy season! Do they all have the same strategies for preparing when fall arrives? Get up close and personal with some live animals!

Storytime

EVERY SATURDAY, 10:00

Come and discover stories for all tastes! The pleasure of reading is shared in a group activity where children are transported into an imaginary world. A craft or drawing may conclude this wonderful experience. Activity in French and/or English, depending on the storyteller.



The Seed Library

STARTING IN MARCH, FOR LIBRARY MEMBERS

Spring is looking green! The seed library is back this year with an improved selection of herb, vegetable, and flower seeds! Hurry, stocks are running out fast!

Big Book Sale

Do you enjoy novels? Do you prefer nonfiction? Why not try a children's book? We have everything at our big spring sale next April!

New Releases

The library keeps its collection up to date! Here's a glimpse of what's new:

The Grave Artist / Jeffery Deaver
 The List / Steve Berry
 Great Big Beautiful Life / Emily Henry
 Whistle / Linwood Barclay
 The Secret of Secrets / Dan Brown

Amanda / H. S. Cross
 My Name is Emilia del Valla / Isabel Allende
 Nightshade / Michael Connelly
 Broken Country / Clare Leslie Hall
 In the Time of Five Pumpkins / Alexander McCall Smith



www.morinheights.com

Cultural Programming

Concert by Yves Cloutier

(continued from front page)

Montreal-based singer-songwriter Yves Cloutier's music is highly personal, with folk, country, classical and jazz influences. The complex guitar playing of Nick Drake and Joni Mitchell, as well as the atmospheric side of Pink Floyd, have influenced his musical language and are reflected in the spirit of his creations. Come and enjoy this first album in trio format on Sunday, March 15, at 15:00, at Chalet Bellevue!

Limited seating; reservations required at www.morinheights.com ("Registration" button): \$5 with a citizen card or \$10 for non-residents. Tickets go on sale on January 5.

Information: chaletbellevue@morinheights.com or 450 226-3232, ext. 132

Meeting With Morin-Heights Authors

MARCH 7, AT 10:00, AT CHALET BELLEVUE

Morin-Heights authors welcome you! Come and discover our local writers, their inspirations, their challenges and their works. During the event, you'll be able to chat with them and buy their books.



Last-Minute Reminder!

Tickets are still available for the concert by Genesis Ritchot, a singer-songwriter whose music is indie folk and Americana. Book yours and come discover Genesis alone on stage with his guitar for an intimate and warm performance!

Saturday, November 29, at 19:30, at Chalet Bellevue

Seating is limited, so reservations are required at www.morinheights.com (click on "Inscription"): \$5 with a citizen card or \$10 for non-residents.

Information:
chaletbellevue@morinheights.com or
450 226-3232, ext. 132

French-Language Reading Club (CLEF)

The French-Language Reading Club continues its monthly meetings. We discuss new finds, books we rediscover, and favourites. Meetings are held at Chalet Bellevue every fourth Tuesday of the month from 14:00 to 16:00.

For information about the club:
Monique Bélisle at 514 608-2323.

Laurentian Reading Club

Enjoying reading, ideas, and each other's company since 1959.

The Laurentian Reading Club meets on the third Tuesday of every month from September to June at 13:00, at Chalet Bellevue in Morin-Heights. Why not join us for lively discussions of books and reading? Our meetings are held in English.

Members are asked to contribute \$20 a year to cover the cost of books. For more information, please contact Jane Philibert at **450 275-2491** or at janephil@cgocable.ca.

Knitting Group

The knitting group gathers for a cozy session of knitting, conversation, and creative exchanges. It is not just for knitters; anyone who enjoys crocheting, embroidery, or other needlework is also welcome!

Meetings are held every Thursday from 13:00 to 16:00 at the library. Feel free to drop in for the whole meeting or just part of it, depending on your availability. It is an informal gathering, so no registration or reservation is necessary—simply bring your materials and enthusiasm. If you have any questions, do not hesitate to contact Monique Bélisle at **514 608-2323**.

Cultural Programming



Theatre Morin Heights' Winter Season 2026

We thank all of our loyal patrons and hard-working volunteers for making our November production of "The Lie" by Florian Zeller a resounding success! And a very special thank you to everyone who was part of our 40th anniversary celebrations that took place last fall.

Save these dates for our upcoming events at Chalet Bellevue at 19:00 (complete details will be available on our website shortly):

- **January 21:** Cold play reading, so anyone can join in to read a few lines or sit back, relax and enjoy.
- **February 18:** Annual General Meeting followed by a short play reading. Everyone is welcome. TMH members for 2026 are eligible to vote.
- **March 25:** Rehearsed/staged play reading complete with some costumes and props, but scripts still in hand. Let us know if you would like to be part of the show!

If you want to get involved on stage or behind the scenes or even as part of our board of directors, please contact us. There are numerous ways that you can volunteer to become part of our thriving local English community theatre troupe - just let us know you are interested.

For more information or to inquire about getting involved, call 579 765-3999, email theatremorinheights@gmail.com or visit our website theatremorinheights.ca.



HISTOIRE—HISTORY
MORIN HEIGHTS

Helmut Gransow

"Laurentians—Near Morin-Heights" by renowned Morin-Heights artist Helmut Gransow is the newest, generous donation to Morin-Heights Historical Association. Our growing collection exists through such charitable donations. Additional recent items include sculpted wood furniture and carving by Walter Da Rold, a Peter Whalley poster, memorabilia from Ski Bellevue, family photos and recordings, a Seale Mill saw blade, and more, all reflecting Morin-Heights' history.

Share & Show

A "Show & Tell" for adults - **Sunday, February 8, at 13:00**, at the Legion Morin-Heights

Bring a nostalgic object with a Morin-Heights connection—a toy, souvenir, creative or collectible item, photograph, book, or postcard. Choose something that resonates with you—humorous, sentimental or informative—and hide it until the big reveal! Or just enjoy the stories!

"Tous à Abord/All Aboard"

A Journey Through Morin-Heights History - Saturday, March 14, from 13:00 to 15:00, at Chalet Bellevue

Join us for the grand opening of our latest exhibitions, where art and history converge to tell the stories of our shared heritage, showcasing our stunning collection of artifacts. This unique exhibit is truly "en route," displaying in four locations: Chalet Bellevue, Morin-Heights Library, Habitat Morin-Heights and Trinity Anglican Church. Explore, experience, and celebrate the transformative power of history!

Website: <https://histoiremorinheights.org>

Email: mhha98@hotmail.com

Facebook: Morin Heights Historical Association



Canada



Cultural Programming



ASSEMBLAGE ART By Mike Tott

AT CHALET BELLEVUE, FROM NOVEMBER 22 TO DECEMBER 21

Assemblage Art is about the joy of bringing together ordinary objects and giving them a new story. Each piece in this exhibit is built from found, discovered, and often discarded memorabilia and treasures that might seem simple on their own but become something completely different when combined.

Featured under the name “Saville & Brett,” Mike’s two grandmothers.

Information: chaletbellevue@morinheights.com
or 450 226-3232, ext. 132



Concert by Le Diable à 5

Diable à 5 is a powerful traditional music group made up of five multi-instrumentalists and singers from Ripon, in the Outaouais region, whose mission is to bring back to life the festive evenings in which its members grew up. It’s also a family affair, with three brothers, a cousin and a friend sharing the stage with remarkable complicity. With their explosive stage presence, the five devils set the evening ablaze with energetic, warm and resolutely unifying music.

Saturday, December 13, at 19:30, at Chalet Bellevue

On sale now, seating limited; reservations required at www.morinheights.com (“Registration” button): \$5 with a citizen card or \$10 for non-residents. Hurry to reserve, tickets will be going fast for this festive holiday concert!

Information: chaletbellevue@morinheights.com
or 450 226-3232, ext. 132

Next Issues!

As always, our Info Morin-Heights bulletins are available in municipal buildings or on the municipal website. Visit www.morinheights.com to register for the citizen portal and our email newsletter!

SPRING EDITION – March 15 to June 1, 2026

Deadline: January 16, 2026

Distribution: March 9, 2026

SUMMER EDITION – June 1 to August 15, 2026

Deadline: March 17, 2026

Distribution: May 22, 2026

FALL EDITION – August 15 to December 1, 2026

Deadline: June 3, 2026

Distribution: August 11, 2026

WINTER EDITION – December 1, 2026, to March 15, 2027

Deadline: September 22, 2026

Distribution: November 20, 2026

www.morinheights.com

Enjoy winter fun at our facilities in Basler Park!

99 Lac-Écho Road

Fire Pit

A fire pit is set up at Basler Park and tended by our team on weekends and school holidays. Take advantage of it to warm up between activities; bring hot chocolate, marshmallows, and blankets for a cozy time!

Slide

Enjoy our naturally landscaped slide! Bring your sled, saucer, or crazy carpet to race down the slide and enjoy the pleasures of winter!

Open daily from 9:00 to 16:00, weather permitting (information available at www.morinheights.com/Outdoors).

Ice Rinks

Ice Rinks' Schedule*

Small Rink

EVERY DAY	
Free skating	9:00 – 21:00

Big Rink

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Free skating	–	16:00 – 18:00	–	–	–	9:00 – 11:00	16:00 – 18:00
Hockey	9:00 – 21:00	9:00 – 16:00 and 18:00 – 21:00	9:00 – 21:00	9:00 – 21:00	9:00 – 21:00	11:00 – 21:00	9:00 – 16:00 and 18:00 – 21:00

* This schedule is subject to change without notice.

Before visiting the park, check the conditions of the ice on our website:

www.morinheights.com/Patinoires-Skating-Rinks

On-site, you will find:

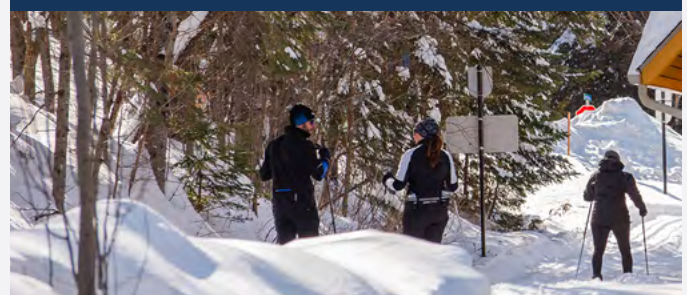
- Heated trailer for change of clothes
- Heated washrooms
- Stabilizing supports for skating aids

Bring your skates, equipment and a water bottle!



Snowshoe and Cross-country Ski Trails

Our extensive network of trails includes several starting points from Basler Park. For more details, see pages 12-13.





SCHOOL BREAK

FEBRUARY 28 TO MARCH 8



ACTIVITIES

- Outdoor entertainment
- Sports equipment loan
- Parent-child workshops
- Fun activities
- and many others!

Details and schedule to come!

COST

Activities are free for residents and low-cost for friends who want to join us!

INFORMATION



450-226-3232 (132)



morinheights.com



Accès-Loisirs Québec

Free activities for people with low income

This program offers individuals aged 0 to 99 who live on a low income the opportunity to participate in recreational activities free of charge, in an atmosphere of respect and confidentiality. This opportunity allows Pays-d'en-Haut residents to break out of isolation and become socially active.

REGISTRATION – WINTER 2026 SESSION

SAINTE-ADÈLE

- Monday, January 12, 13:00 to 16:00
Garde-Manger des Pays-d'en-Haut
(100 Morin Street)
- Tuesday, January 13, 18:00 to 20:00
Centre communautaire Jean-Baptiste-Rolland
(1200 Claude-Grégoire Street)

SAINT-SAUVEUR

- Wednesday, January 7, 9:30 to 11:00
Church basement in Saint-Sauveur
(205 Principale Steet)
- Thursday, January 8, 18:00 to 19:30
Chalet Pauline-Vanier
(33 de l'Église Avenue)

To be eligible for the program, you must provide proof of income when you register.

For more information about this program, please call 450-226-3232, ext. 132.



The Royal Canadian Legion's Activities

127 Watchorn Road

FRIDAY, DECEMBER 12

TGIF Smoked Meat, 17:30 to 19:00

FRIDAY, DECEMBER 19

Christmas Party with Posa Blue, 20:00

FRIDAY, JANUARY 16

TGIF Smoked Meat, 17:30 to 19:00

SATURDAY, FEBRUARY 14

Valentine's Day Supper, 18:00

FRIDAY, FEBRUARY 20

TGIF Smoked Meat, 17:30 to 19:00

SATURDAY, FEBRUARY 28

Annual Wacky Snowball Game, 13:00

SATURDAY, MARCH 14

St. Patrick's Day Supper, 18:00

legion171@cgocable.ca

www.legion171.com

Facebook: legion171

Music Shows Facebook: morinheights live

Events are open to all

Darts every Thursday 15:00

Hall rental

legion171@cgocable.ca

127 Watchorn Road

Info: 450 226-2213



OISEAUX
MORIN-HEIGHTS
BIRDS presents:



Forest Birds of Morin-Heights :
diversity 12 months of the year

Sunday, December 14, 2025 10 am - 12 pm

The Decline of Bird Populations Explained:
the actions of DOA to help these populations

Sunday, February 22, 2026 10 am - 12pm

with

Martin Picard

Director, Développement ornithologique Argenteuil

Chalet Bellevue

27 rue Bellevue, Morin-Heights, QC

Free

Refreshments

Questions and registration: Elizabeth Whalley
elizabethbwhalley@gmail.com





Reminder – Intermunicipal Youth Hockey League

The Intermunicipal Hockey League (LIH), which brings together the municipalities of Sainte-Anne-des-Lacs and Val-David, and the towns of Prévost, Sainte-Adèle and Saint-Sauveur, is back for the 2026 winter season. This recreational league, which plays on outdoor rinks in participating towns and municipalities, is open to young people aged 5 to 16.

We would like to remind you that the Municipality of Morin-Heights has withdrawn from the project due to insufficient registrations over several years. We therefore invite young people who wish to join the league to register with the participating towns and municipalities.

The Municipality of Morin-Heights will reimburse the registration fees of resident players who register for the intermunicipal league. Proof of payment must be sent to chaletbellevue@morinheights.com before March 15, 2026.



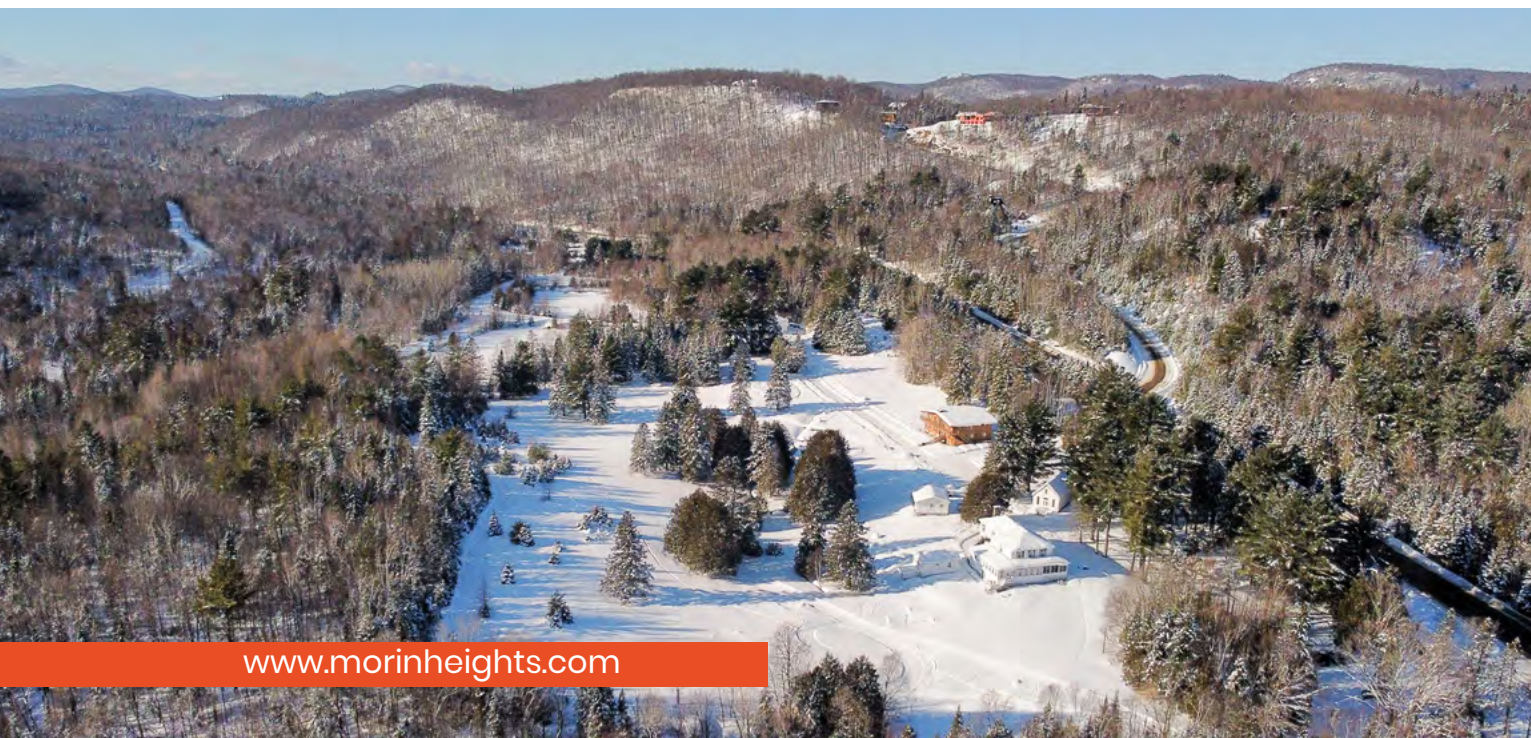
CENTRE SPORTIF
Pays-d'en-Haut

Winter Session 2026

Registrations will begin on **December 14** for **residents of partner municipalities** and on **December 21** for everyone else.

To determine the level that best suits the swimmer's age and abilities, **free assessments** will be held on **December 11 (from 17:30 to 20:00)** and **December 13 (from 14:30 to 17:00)**.

To check out our special holiday programming, visit:
www.centresportifpaysdenhaut.com



www.morinheights.com

Inter-Municipal Agreement

An intermunicipal agreement between Morin-Heights, Piedmont, Sainte-Adèle, Sainte-Anne-des-Lacs, Sainte-Marguerite-du-Lac-Masson, Saint-Adolphe-d'Howard, and Saint-Sauveur allows residents from these seven towns to register for the courses offered through this agreement at resident rates. This agreement aims to promote specific courses and to offer our residents access to a more varied range of options.

Registration Process

Follow the registration procedure of the municipality offering the activity of your choice. Proof of residence is required to register with each municipality.

The list of courses offered during winter 2026 through this agreement is available via this link: www.morinheights.com/Courses-activities-offered

INFORMATION

Municipality of Piedmont:

450 227-1888, ext. 230 / piedmont.ca

Municipality of Sainte-Anne-des-Lacs:

450 224-2675, ext. 262 / sadl.qc.ca

City of Sainte-Adèle:

450 229-2921, ext. 7244 / ville.sainte-adele.qc.ca

City of Sainte-Marguerite-du-Lac-Masson:

450 228-2543, ext. 221 / lacmasson.com

Municipality of Saint-Adolphe-d'Howard:

819 327-2044, ext. 241 / stadolpheedhoward.qc.ca

City of Saint-Sauveur:

450 227-0000, ext. 4000 / vss.ca

Consult the complete Morin-Heights course schedule on pages 25 to 28.



Important Numbers

Town Hall:

567 Village Road
Morin-Heights (Québec)
J0R 1H0

Telephone: 450 226-3232

Fax: 450 226-8786

www.morinheights.com

municipalite@morinheights.com

Emails:

bibliotheque@morinheights.com

chaletbellevue@morinheights.com

comptabilite@morinheights.com

conseil@morinheights.com

loisirs@morinheights.com

mutation@morinheights.com

pleinair@morinheights.com

service.urbanisme@morinheights.com

ssi@morinheights.com

taxes@morinheights.com

travauxpublics@morinheights.com

Sûreté du Québec des Pays-d'en-Haut:

450 227-6848

Animal Control:

1 866 960-7722 • www.spcall.ca

Citizen Portal:

citoyen.morinheights.com



www.facebook.com/MunicipaliteMorinHeights



www.instagram.com/municipalitedemorinheights



youtube.com/@MunicipaliteMorinHeights



t.me/morinheights

Emergency 9-1-1:

Public Works (evenings, nights, weekends, and holidays) — Fire — Police — Ambulance — Emergency Measures

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www.groupeptriton.com



DAY PACKAGE

10 WEEKS

\$ 245

residents

\$ 280

non-residents

EVENING PACKAGE

10 WEEKS

\$ 175

residents

\$ 200

non-residents

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
DAY PACKAGE				
9:00 - 10:00 Pilates Mariem	8:45 - 9:45 Cardio-Toning Manon	9:00 - 10:00 Yoga for all level Lynda 13:30-14:30 Nordic Hiking Jayne	10:30 - 11:30 Solo Latino Francisco	9:30 - 10:30 Nordic Hiking Jayne
EVENING PACKAGE				
18:30 - 19:30 Cardio-Toning Katy		18:30 - 19:30 Yoga for all level Lynda	18:30 - 19:45 Qi-Gong Do Meditation Geneviève	

BOTH PACKAGES

20% OFF

Registrations starts on November 26

WWW.MORINHEIGHTS.COM

PHONE: 450 226-3232 (132)

OR IN PERSON AT CHALET BELLEVUE



Courses Offered

REGISTRATION STARTS ON NOVEMBER 26

BY INTERNET

Go to www.morinheights.com and click the "Registration" button on the homepage

BY PHONE

450 226-3232, ext. 132

IN PERSON

At Chalet Bellevue, 7 days a week, from 9:00 to 16:00

INFORMATION

For details on course content, please contact Chalet Bellevue or the instructor directly.

WINTER PACKAGE

Two packages will be offered this winter:

Day package:

Gives you access to six different classes (offered during the day) for ONE single price!

Evening package:

Gives you access to three different classes (offered during the evening) for ONE single price

Physical Activities

* course included in the inter-municipal agreement (p.24)

PHYSICAL ACTIVITIES	DAY	AGE GROUP	INSTRUCTOR	TIME	DURATION	START DATE	RESIDENTS	NON-RESIDENTS
Abs, Buttocks, Thighs*	Monday	adults	Katy de Denus	19:30 - 20:30	10 weeks	Jan. 19	\$150	\$172,50
Cardio Latino*	Thursday	adults	Francisco De La Calleja	11:45 - 12:45	12 weeks	Jan. 8	\$156	\$180
Cardio – Tonus* <i>offered in the day and evening packages</i>	Monday	adults	Katy de Denus	18:30 - 19:30	10 weeks	Jan. 19	\$130	\$150
	Tuesday		Manon Coulombe	8:45 - 9:45		Jan. 20	\$130	\$150
Cardio-Sled*	Wednesday	parent and baby	Cardio Plein-air	10:30 - 11:30	8 weeks	Jan. 21	\$104	\$120

Physical Activities (continued)

* course included in the inter-municipal agreement (p.24)

PHYSICAL ACTIVITIES	DAY	AGE GROUP	INSTRUCTOR	TIME	DURATION	START DATE	RESIDENTS	NON-RESIDENTS
Line Dancing beginner 1*	Tuesday	adults	Sylvie Labelle	17:15 - 18:15	10 weeks	Jan. 20	\$100	\$115
Line Dancing beginner 2*	Tuesday	adults	Sylvie Labelle	18:30 - 19:30	10 weeks	Jan. 20	\$100	\$115
Flexi-Dance*	Thursday	adults	Francisco De La Calleja	13:00 - 14:00	12 weeks	Jan. 8	\$156	\$180
Karate	Friday	adults	Gilles Labelle	17:30 - 18:30	1,3,5 or 10 months	Jan. 9	based on the length of the session	based on the length of the session
For registration, please contact Kyoshi Gilles Labelle at 450 431-1444.								
Pilates* <i>offered in the day package</i>	Monday	adults	Mariem Valdes	9:00 - 10:00	10 weeks	Jan. 19	\$130	\$150
Qi gong Do In – Meditation*	Thursday	teens, adults, seniors	Geneviève Pepin	16:30 - 18:30	10 weeks	Jan. 22	\$200	\$230
Nordic Hiking* <i>offered in the day package</i>	Wednesday	adults	Jayne Pollock	13:30 - 14:30	10 weeks	Jan. 21	\$130	\$150
	Friday			9:30 - 10:30		Jan. 23	\$130	\$150
Tai Chi Chuan	samedi	adults	Robert Lee	9:00 - 11:00	12 weeks	Jan. 10	free	free
Yoga for everyone* <i>offered in the day and evening packages</i>	Wednesday	teens, adults	Lynda Dupont Yoso zen	9:00 - 10:00	10 weeks	Jan. 21	\$145	\$170
				18h30 - 19:30				
Soft Yoga* 65 y. o. and over	Wednesday	seniors	Lynda Dupont Yoso Zen	10:15 - 11:15	10 weeks	Jan. 21	\$145	\$170
Yoga beginner	Wednesday	teens, adults	Lynda Dupont Yoso Zen	17:15 - 18:15	10 weeks	Jan. 21	\$145	\$170

Cultural Activities

* course included in the inter-municipal agreement (p.24)

CULTURAL ACTIVITIES	DAY	AGE GROUP	INSTRUCTOR	TIME	DURATION	START DATE	RESIDENTS	NON-RESIDENTS
Bridge Lessons Card game	Monday	adults	Louise Lalonde	9:30 - 11:30	8 weeks	Feb. 16	free	free
Line Sketching*	Thursday	teens, adults	Sophie Laplante	18:30 - 19:30	6 weeks	Jan. 15	\$160	\$184
Spanish level 2*	Thursday	adults, seniors	Yoalli Gallegos	13:00 - 14:30	10 weeks	Jan. 8	\$185	\$213
Spanish Conversation beginner and intermediate*	Thursday	adults	Yoalli Gallegos	11:30 - 13:00	10 weeks	Jan. 8	\$185	\$213
Spanish Conversation advanced*	Thursday	adults	Yoalli Gallegos	10:00 - 11:30	10 weeks	Jan. 8	\$185	\$213

Courses for Children

* course included in the inter-municipal agreement (p.24)

COURSES FOR CHILDREN	DAY	AGE GROUP	INSTRUCTOR	TIME	DURATION	START DATE	RESIDENTS	NON-RESIDENTS
Ballet* (Recital) 3-5 y. o. beginner 2	Friday	3-5 y. o.	Mariam Valdes	16:15 - 17:00	10 weeks	Jan. 16	\$150	\$175
Creative Dance* (Recital) 6-9 y. o.	Friday	6-9 y. o.	Mariam Valdes	17:15 - 18:15	10 weeks	Jan. 16	\$150	\$175
Karate	Friday	5 y. o. and up	Gilles Labelle	17:30 - 18:30	1,3,5 or 10 months	Jan. 9	based on the length of the session	based on the length of the session

For registration, please contact Kyoshi Gilles Labelle at 450 431-1444.