

INFO

Morin-Heights

In harmony with nature



MORIN-HEIGHTS
1855

MUNICIPAL INFORMATION

SUMMER 2026

JUNE / JULY / AUGUST
VOL. 29 NO 2

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Canada Day

Wednesday, July 1st, starting at 16:00 at Sommet Morin Heights (231 Bennett Street).



An event packed with activities and fun awaits you for the 2026 festivities: face painting for kids, temporary henna tattoos, inflatable and skill-based games, climbing wall, mechanical bull, fireworks, and much more! The concerts will kick off at 19:00 with **Veranda**

and their folk-country-bluegrass, followed by **Pascale Picard** and her musicians, who will keep the party going until 22:00.

All activities are free! Come celebrate with us!

Good news for our regulars: **the famous Strawberry Shortcake is back (at 18:30)!** It replaces the traditional Canada Day cake. Donations collected will help fund activities for Habitat Morin-Heights and Glen Apartments residents who helped revive this tradition, which was interrupted in its 65th year when the pandemic struck.

The **Garde-Manger des Pays-d'en-Haut** will also be present from 16:00 to 19:00 for a **Summer Food Drive** aimed at replenishing its supplies. Please consider making a donation.

Word from the Mayor



Fellow Morinheighters,
Now that spring is just around the corner, the Public Works team is already hard at work cleaning and improving our public spaces, including street sweeping and road marking, cleaning sedimentation basins, re-profiling ditches and rebuilding road shoulders.

Speed control measures are also on the agenda, as they are every year, along with measures to improve pedestrian safety through the installation of bollards, speed displays, a few speed bumps at certain stops, crosswalks, etc. We are also counting on your support and compliance with these measures, because ultimately, this concerns us all.

In fact, we are initiating a more open dialogue with the Ministry of Transportation and Sustainable Mobility (MTMD) regarding speed reduction on Route 364. I eagerly await the first meeting of the new technical committee that will address this issue, and rest assured that I will continue to prioritize this matter.

This year, we will update the data on the condition of the municipal road network by inspecting all

the roads. Council uses this information to set its annual road maintenance priorities and takes into account, of course, the available financial resources.

We are eagerly awaiting the opening of the farmers' market and the start of activities at Basler Park, which will include tennis, pickleball and petanque. I look forward to seeing you at the Eco-Family Day on May 30 and at the Children's Fishing Day on June 6. The summer season also marks the return of concerts at Lummis Park, the Superfolk Festival and many other cultural activities, including a few surprises we have in store for you. I invite you to check our website regularly; it has been redesigned to facilitate navigation.

It is with great enthusiasm and pride that I see our teams and volunteers coming together to offer you a summer rich in cultural and recreational discoveries. Thank you so much!

May this season be filled with cultural discoveries and activities.

Have a great summer!

Louise Cossette

Mayor

Balado Découverte

You are invited, at any time, to explore the Morin-Heights Heritage Tour and discover nearly thirty sites that have marked the history and development of the municipality over the years. Explore the circuit with the help of the mobile application *Balado-Découverte*, which guides users on free tours of thematic circuits. You'll find a few signs in the heart of the village with the QR code that will take you to the right place, so keep your eyes open!

Reminder!

Membership and Citizen Cards

The membership card or citizen card allows you to register online for our activities and benefit from the reduced rates or free admission offered to residents. Don't forget to bring it with you when you visit our various facilities this summer!

Morin-Heights' residents, residents of other towns and municipalities in the *MRC des Pays-d'en-Haut* and people who don't live in the MRC area can obtain a card directly at Chalet Bellevue (27 Bellevue Street) during opening hours. See the Chalet Bellevue summer schedule on page 6.

Information:

www.morinheights.com/Citizen-Card



Books Boxes

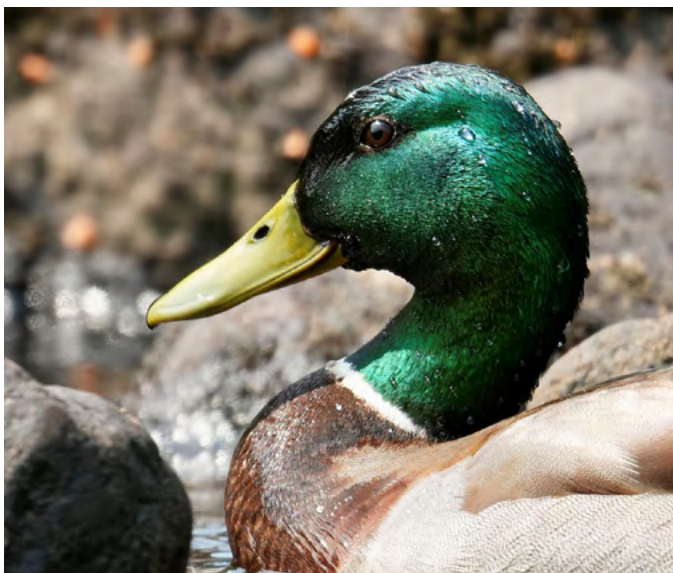
The book boxes are back! You can leave, exchange, take or borrow a book of your choice without any obligation. The boxes are located at the following locations: Basler Park, Lummis Park, Village Entrance Park, Chalet Bellevue, near the Aerobic Corridor's welcome pavilion and at Castel-Marie Park.

If you have board games, puzzles, or similar hobbies, some of our boxes are large enough to accommodate a few. We invite young and old to bring this local treasure to life!

Laurentian Region Cancer Support Group

The group offers English-speaking support services to cancer patients, caregivers and their families in the Laurentian Region. Free monthly meetings are held at Chalet Bellevue (27 Bellevue Street) or online via ZOOM. Upcoming meetings: June 20, August 15. Donations are welcome (tax receipts provided).

For more information about the group's services, meetings, and guest speakers, call June Angus at **450 226-3641** or email cancer.laurentia@yahoo.ca.



Youth Excellence Grants - Sports Category

The Municipality is proud to support and recognize the excellence of young athletes aged 12 to 25, citizens of Morin-Heights, by awarding them monetary grants. The amounts awarded depend on the number of applications received and the respect of eligibility criteria analyzed by the selection committee.

The amateur athletes must meet the eligibility criteria, submit a duly completed application form (available at www.morinheights.com under "Online Services"), and submit it before October 15, 2026. An athlete may not receive a scholarship for two consecutive years.



4korners

Réseau communautaire
anglais des Laurentides | Laurentian's English
Community Network

If you belong to the English-speaking community, live in the Laurentians, and want your voice heard to thrive in an inclusive society, you should become an official 4Korners member!

4Korners works toward empowering the regional partners and the Laurentian English-speaking community to improve service access. We aim to connect individuals with programs and services to meet their identified needs in a secure and inclusive environment.

The organization also offers a wide range of activities that focus on healthy lifestyles and mental health, foster creativity, improve employability, and provide support for youth, families, individuals, seniors, and caregivers of people 65 years and older.

www.4korners.org/event-calendar/

For more information: info@4korners.org • 450 974-3940 • www.4korners.org



The Hillside Cemetery Project

The Hillside Cemetery will be cleaning headstones this spring. We would love to invite you to join the volunteers in this project, which will only take about two hours of your time.

The dates will be established once we know how many volunteers we have. The weather and the blackflies will also be taken into consideration.

If you are interested, please contact:

Penny Rose

450 821 3323 • 450 226 2746

pennyrose@jenanson.com



“Private Gardens” Special Photo Contest!

As part of the upcoming evaluation by Fleurons du Québec, which could lead to the Municipality receiving its fifth and final Fleuron, the key factor to highlight to tip the scales in our favour is private flower and vegetable gardens. So, when your gardens will be at their most colourful and lush, take photos and share them with us!

Submit your finest snapshots to karyne.bergeron@morinheights.com for a chance to win a gift card from a local shop! The winner will be announced in the upcoming bulletin.

To be accepted, your photos must:

- Have a minimum size of 1 MB.
- Be free of rights.

Please note that selected photos will be kept in our municipal image bank and may be used to illustrate our various communication tools or ads.

The previous edition's contest winner, **Hélène St-Pierre** won a \$75 gift card from IGA Morin-Heights. Congratulations!



www.morinheights.com



**GARDE-MANGER
DES
PAYS-D'EN-HAUT**
FOOD AND CLOTHING ASSISTANCE

TO MAKE
A DONATION



The Garde-Manger des Pays-d'en-Haut is a non-profit organization established since 1995.

We provide food and clothing assistance services to vulnerable individuals within the MRC des Pays-d'en-Haut.

FOR INFORMATION/REGISTRATION FOR THE FOOD COUNTER IN MORIN-HEIGHTS

☎ 450 227.3757 | 450 229.2011 Monday to Thursday
8:30 a.m. to 4 p.m.

@ info@gardemangerpdh.ca

🌐 gardemangerpdh.ca

To receive food assistance, each person is assessed according to their socio-economic situation.



LA FOUILLERIE

VÊTEMENTS & ARTICLES DE MAISON USAGÉS
USED CLOTHING & HOUSE ITEMS

The Fouillerie is managed by the Garde-Manger. It offers low-priced clothing for the whole family, as well as household items, sporting goods, and used toys donated by local residents.

ALL PROFITS GO DIRECTLY TO THE GARDE-MANGER.

NEW OPENING HOURS

| | |
|---------------------------------------|------------------|
| Open Thursday | 9 a.m. to 6 p.m. |
| Friday | 9 a.m. to 4 p.m. |
| 1 st Saturday of the month | 9 a.m. to 4 p.m. |

28 Bennett Street, Morin-Heights | 450 644-0087

Next Issues!

FALL EDITION

August 15 to Decembre 1st, 2026

Deadline: June 3, 2026

Distribution: August 11, 2026

WINTER EDITION

Decembre 1st, 2026 to March 15, 2027

Deadline: September 22, 2026

Distribution: November 20, 2026

www.morinheights.com



What if this summer became a turning point for your future?

The *CJE des Pays-d'en-Haut* is here for young people aged 15 to 35 who want to work, explore their options, get involved in their community, or simply gain clarity.

Looking for a job.

Changing career paths.

Returning to school.

Building an entrepreneurial project.

Every journey is unique, and our team is here to support you. Through individual meetings, group activities, and fun and educational workshops... **It's all free.**

Sometimes, all it takes is a little help to get started!

Visit www.cjepdh.ca to register or make an appointment.

CJE des Pays-d'en-Haut:

22 Goyer Street, Saint-Sauveur, QC, J0R 1R0

450 227-0074 • info@cjepdh.ca

Facebook: @CJEPDH

Instagram: cje_pdh



Le Rucher Collectif

Rucher collectif is a volunteer-run non-profit organization established in Morin-Heights since 2022, dedicated to community urban beekeeping in the MRC des Pays-d'en-Haut. Concerned about the environment, we offer concrete solutions to protect biodiversity and build strong community ties. Like bees, we promote mutual aid and collaboration to the service of collective well-being and the environment. In 2026, our teaching apiary will return to Morin-Heights to share responsible beekeeping practices with the community.

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**Borrow the tent.
Own the adventure.**



Chalet Bellevue Summer Schedule

Please take note of the summer schedule for Chalet Bellevue **from July 6 to August 30, inclusively:**

| Day | Access to the Building | Customer Service |
|-----------------------|---|--------------------|
| Sunday | Chalet Bellevue fully closed | closed |
| Monday and Tuesday | Chalet Bellevue open – access to the facilities | closed |
| Wednesday to Saturday | Chalet Bellevue open – access to the facilities | open 9:00 to 16:00 |

Please plan your visit around our opening hours to take advantage of customer service at the Chalet Bellevue.

Services offered from Wednesday to Saturday for the summer season, from July 6 to August 30:

- renewal or registration for a membership card;
- activity registration;
- reservation request;
- call or email follow-up;
- any request requiring assistance.

Our team will be out and about in our various parks and facilities from Sunday to Tuesday, enhancing your outdoor experience. Thank you for your understanding! Return to regular schedule on August 31.



Thank You To Our 2,911 Members Who Proudly Support The Health Coop!

JOIN US TODAY; you too, become a member by registering directly on our website: www.coopsante.org

Did You Know?

We operate **two medical clinics** offering local healthcare services, in St-Adolphe and Morin-Heights:

6,630 patients have access to a family doctor through our clinics.

Over **22,800 medical appointments** are provided every year.

Our dedicated medical team includes **ten family physicians and four nurses practitioners**.

Appointment-based and walk-in clinics are available.

Did You Know?

BLOOD SAMPLE COLLECTION SERVICES
AVAILABLE BY APPOINTMENT

Fees:

- \$5 for members
- \$15 for non-members

Schedule:

Morin-Heights Health Coop
Thursday • From 7:30 to 9:30 • 450 644-0522

St-Adolphe Health Coop
Friday • From 6:30 to 8:30 • 819 327-3534

Stay up to date with our events and services by visiting www.coopsante.org.

BE PROUD OF YOUR HEALTH COOP!

www.morinheights.com

Important Numbers

Town Hall:

567 chemin du Village
Morin-Heights, Québec
J0R 1H0

Phone: 450 226-3232

Fax: 450 226-8786

www.morinheights.com

municipalite@morinheights.com

Emails:

bibliotheque@morinheights.com
chaletbellevue@morinheights.com
comptabilite@morinheights.com
conseil@morinheights.com
loisirs@morinheights.com
mutation@morinheights.com
pleinair@morinheights.com
service.urbanisme@morinheights.com
ssi@morinheights.com
taxes@morinheights.com
travauxpublics@morinheights.com

Sûreté du Québec des

Pays-d'en-Haut:

450 227-6848

Animal Control:

1 866 960-7722 • www.spcall.ca

Citizen Portal:

citoyen.morinheights.com



[www.facebook.com/
MunicipaliteMorinHeights](http://www.facebook.com/MunicipaliteMorinHeights)



[www.instagram.com/
municipalitedemorinheights](http://www.instagram.com/municipalitedemorinheights)



[youtube.com/
@MunicipaliteDeMorinHeights](http://youtube.com/@MunicipaliteDeMorinHeights)



t.me/morinheights

Emergency 9-1-1:

(evenings, nights, week-ends, and holidays) – Fire – Police – Ambulance – Emergency Measures

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Les Imprimés Triton / 1 888 990-3486
www.groupeptriton.com

Urban Planning and Environment

A Summer to Build Sustainably

The summer season is a particularly active time in urban planning: construction projects, renovations, landscaping, and new developments are in full swing. It is also an ideal time to highlight the importance of integrating sound environmental practices into all of our projects.

Before starting any work, please ensure that you obtain the required permits and verify the applicable regulations. Respecting setbacks, protecting shoreline buffers, properly managing stormwater, and preserving tree cover are essential measures to maintain the quality of life in our community.

Summer is also a great opportunity to plant trees, implement eco-friendly landscaping, and reduce impermeable surfaces on your property. Every action counts in protecting our lakes, waterways, and natural spaces.

Together, let's contribute to the harmonious and sustainable development of our municipality. For any questions regarding your projects, please contact the Urban Planning Department.

Eco-Dynamic Fund

Reminder!

We would like to remind residents that the **Eco-Dynamic Fund** remains available to support initiatives that promote environmental protection and enhance quality of life in our municipality.

This program encourages projects such as tree planting, shoreline naturalization, installation of rain barrels, and other initiatives that contribute to the preservation of our natural environments.

We invite interested residents to submit their applications and play an active role in strengthening the vitality and resilience of our community.

For eligibility criteria and program details, please visit the municipal website or contact the Urban Planning and Environment Department.

Reminder!

By-law 649-2022 on Drinking Water

In accordance with By-law 649-2022 on drinking water, please be reminded that filling or refilling a swimming pool or spa is prohibited between 6:00 and 20:00.

However, the use of water from the distribution system is permitted when installing a new pool in order to maintain the structural shape of the installation.

Why this restriction?

Because the period between 6:00 and 20:00 corresponds to peak water usage hours on the municipal water system. This measure helps prevent system overload and ensures that adequate reserve levels are maintained in our wells at all times, particularly to meet essential needs and emergency situations.

Thank you for your cooperation in helping us manage our drinking water resources responsibly and sustainably.

Ecocentre

The Inter-municipal Ecocentre is located at 2125 Jean-Adam Road, Saint-Sauveur.

Opening Hours

From the first Monday of April to the first Monday of December: open every day (except Wednesday), from 7:30 to 16:45.

www.vss.ca/services-aux-citoyens/services/ecocentre • ecocentre@vss.ca
450 227-0000, ext. 3200



2026 Waste Collections

Sectors 2 3

- RECYCLING
- GARBAGE
- COMPOST
- BULKY ITEMS



Pick-up problem?
Broken bin?

infocollecte@mrcpdh.org
450 229-8052
www.infocollecte.com



June

| S | M | T | W | T | F | S |
|----|----|----|----|----|----|----|
| | 1 | 2 | 3 | 4 | 5 | 6 |
| 7 | 8 | 9 | 10 | 11 | 12 | 13 |
| 14 | 15 | 16 | 17 | 18 | 19 | 20 |
| 21 | 22 | 23 | 24 | 25 | 26 | 27 |
| 28 | 29 | 30 | | | | |

July

| S | M | T | W | T | F | S |
|----|----|----|----|----|----|----|
| | | | 1 | 2 | 3 | 4 |
| 5 | 6 | 7 | 8 | 9 | 10 | 11 |
| 12 | 13 | 14 | 15 | 16 | 17 | 18 |
| 19 | 20 | 21 | 22 | 23 | 24 | 25 |
| 26 | 27 | 28 | 29 | 30 | 31 | |

August

| S | M | T | W | T | F | S |
|----|----|----|----|----|----|----|
| | | | | | | 1 |
| 2 | 3 | 4 | 5 | 6 | 7 | 8 |
| 9 | 10 | 11 | 12 | 13 | 14 | 15 |
| 16 | 17 | 18 | 19 | 20 | 21 | 22 |
| 23 | 24 | 25 | 26 | 27 | 28 | 29 |
| 30 | 31 | | | | | |

- 1 At the curbside before 7:00 a.m. on day of pick-up.
- 2 Allow a 50 cm space around the bins.
- 3 Lid must be closed and wheels facing the property.
- 4 Place the bin at the end of the driveway (maximum 1.5 m from the street), with no obstacles in front.
- 5 Bulky items must be placed at the curbside on Sunday evening for pick-up during the week. All bulky items are buried without being sorted or reused. Consider selling or donating before discarding.
- 6 In winter, the bin must not be buried in snow or frozen to the ground.

Public Works and Infrastructures

ROAD SIGNAGE AND CONSTRUCTION SITES

As every year, various roadworks will be opened this summer on the territory. Pay attention to the signage and follow the instructions of the flagmen present for your safety and that of the workers on site.

Never forget that the task of flagmen makes them particularly exposed to the risk of an accident and that their presence is intended to ensure the safety of the entire population. Think of their safety as well; human lives are at stake:

- follow their instructions;
- allow a little more time for travel than you would usually do;
- be courteous and respectful.

DITCHES

We want to remind residents living on a municipal street that any intervention in a ditch or on the curbside is prohibited, including extending the landscaping (i.e., grass or stone). Ditches are a part of the road's right of way and serve a specific purpose; their primary function is to capture and direct runoff water. We suggest you leave the natural vegetation intact as much as possible. Backfilling it, lining it with river stones, or leaving material of any kind in it is also forbidden, such as grass clippings, branches, wood, sand, etc.

CULVERTS AND PRIVATE ENTRANCES

With the heavy rainfall in recent years, we see that water from some entrances flows directly onto our roads instead of flowing into the ditches, which greatly damages the state of our shared infrastructure.

In such a situation, it is your responsibility to make the necessary corrections to improve the situation and to ensure to redirect water to ditches by installing a small culvert.

Let's work together to improve rain flow problems to preserve our infrastructure for as long as possible.

WATERING LAWNS, HEDGES, TREES, SHRUBS, FLOWER BEDS AND GARDENS

WATERING AUTHORIZED:
From May 21 to September 12, 2026

Automatic Sprinkler System

ODD Civic Numbers between 3:00 and 6:00
Monday, Wednesday, Friday

EVEN Civic Numbers between 3:00 and 6:00
Tuesday, Thursday, Saturday

Manual Watering With a Hose or Portable Sprinkler

EVEN Civic Numbers between 20:00 and 23:00
Tuesday, Thursday, Saturday

ODD Civic Numbers between 20:00 and 23:00
Monday, Wednesday, Friday

You must request special permission from the Urban Planning and Environment Department for any new lawn.

SAVE WATER ONE ACTION AT A TIME!

It can't be said enough: unfortunately, drinking water is not an unlimited resource, and its production is becoming increasingly expensive. In Quebec, water seems plentiful; however, more and more municipalities are struggling to meet the growing demand, and restrictions are multiplying. Did you know that the province of Quebec is currently one of the world's largest consumers of drinking water per capita? It's easy to change this statistic simply by modifying your water consumption habits. One step at a time, you can take action to protect our valuable resource and ensure it remains available for everyone (visit pensezbleu.com).

By-law 649-2022 concerning outdoor use of drinking water, available on the municipal website (or see the table above).

The Municipality wishes to raise awareness regarding the use of drinking water. In addition to trying to attain the goal set by the province to reduce by 20% the average production of water per person, your efforts will also reduce the demand on our distribution networks, help preserve a natural resource essential to life and amount to collective and individual savings. There is no single solution, but rather a variety of suitable and complementary measures that will enable us to reduce your consumption.

Morin-Heights Fire Department and First Responders



Smoke Alarms

Statistics from the past 10 years show that, on average, 50 accidental deaths occur each year in building fires. Only 42% of the buildings that caught fire were equipped with working smoke alarms.

The Best Way to Save Your Life and the Lives of Loved-ones

The smoke detector is the best way to save lives. Verify its operation regularly whether battery-operated or electric:

- periodically replace the battery, or use, if possible, a long-lasting battery, like lithium;
- never remove the battery or unplug the alarm, even if it goes off unnecessarily. Instead, use the mute button on the device;
- replace the detectors according to the recommendations of the manufacturer, generally every ten years. The manufacturing or expiry date is indicated on the housing. If the date is missing, do not take any chances, replace the device immediately (source: *Code de sécurité du Québec* [CBCS]).

How to Choose a Smoke Detector

Ionization smoke detectors are the most common. They are installed near the bedroom.

Photoelectric smoke detectors are installed near the kitchen, bathrooms and heating appliances, since they trigger fewer false alarms caused by steam and cooking vapours.

A smoke detector with a long-lasting lithium battery is a good choice. The battery, located in a sealed compartment, has a lifetime of ten years.

If an occupant is deaf or hearing-impaired, the installation of smoke detectors combined with strobe lights and sound is recommended.

In new constructions, the smoke detector must be connected to the electric system. Ideally, it should have an emergency battery in case of a power failure.

The ULC logo must appear on the smoke detector, indicating that the device meets Canadian standards.

**A smoke detector does not detect carbon monoxide.
Only a carbon monoxide (CO) detector can.**



www.morinheights.com

Outdoor Network

Mountain Biking

Access to Basler Park's mountain bike network is free for Morin-Heights residents on presentation of a valid citizen card (see p. 6).

Hiking

Access to hiking trails in Basler Park and Bouleaux Park (snowshoe trails only) is free for all users.

Aerobic Corridor

For more information on conditions and opening dates: <https://corridoraerobique.ca>

Unauthorized Development

Building modules, obstacles, or new trails in the mountain bike network is forbidden without the approval of the Municipality.

Trail Conditions

You can check the status of the trails on the municipal website: www.morinheights.com/Outdoors. Please respect the 24-hour rule after heavy rain to preserve the trails' condition and respect the signage regarding closed trails.



Parking

Street parking is always prohibited, as well as on private lots adjacent to the parks. You must use the municipal parking lots near the various trail networks.

Volunteer Chores

To undertake rehabilitation work on our mountain bike, hiking and ski trails, we need volunteers to give us a hand. Stay tuned to our webpage at www.morinheights.com/Outdoors to learn about upcoming work bees.

To express your interest in volunteering, please send your contact details to chaletbellevue@morinheights.com or call 450 226-3232, ext. 132.

Trail Running Event at Basler Park

Course en Sentier Ozone, in collaboration with the Municipality of Morin-Heights, presents the fifth edition of this family event that will be held at Basler Park on **July 11!**

Four different courses of moderate to difficult levels are offered:

- 1 km: Easy, low elevation gain
- 5 km: Intermediate with an elevation gain of ± 150 m
- 10 km: Intermediate with an elevation gain of ± 296 m
- 20 km: 2 laps of the 10 km with an elevation gain of ± 592 m

Registration deadline: July 10, at noon.

For further information:

www.facebook.com/course.en.sentier.ozone/



www.morinheights.com

Authorized Reception Points, Services and Activities

| Sites | Walking Trails | Mountain Biking | Dogs on Leash | Playgrounds | Launching Dock Canoe/ Kayak Simon River | Toilets | Picnic Areas | Volleyball Courts | Water |
|--|----------------|-----------------|---------------|-------------|---|---------|--------------|-------------------|-------|
| Basler Park 99 Lac-Écho Road | * | * | * | | | * | * | | * |
| Bouleaux Park 19 Bouleaux Street | * | | * | | | | | | |
| Lummis Park 928 Village Road | | | | * | | * | * | * | * |
| Simon River Municipal Rest Area Village Road, near Bois-du-Ruisseau Street | | | | | * | | * | | |
| Castel Marie Park 900-910, Road 364 | * | | * | | | * | * | | |



Respect of Private Property

It is important to note that the closed trails may be located on private property. Therefore, using them outside the operating season is **forbidden** since we do not have the necessary authorizations.

Library

The municipal library is closed on statutory holidays. Library membership is **free** for all residents.

Hours:

Tuesday to Friday: 10:00 to 18:00 • Saturday: 9:30 to 16:30

823 Village Road • 450 226-3232, ext. 124

bibliotheque@morinheights.com • mabiblioamoi.ca

We invite you to reserve your documents in advance on **mabiblioamoi.ca** or by email at **bibliotheque@morinheights.com**.

For returns, the book chute is always accessible on the side of the building.

Story Walk

From June 8 through Labour Day, the Story Walk is back with a wonderful story to discover! “Colette: The Solitary Bee”, a work by Jean-François S  n  chal, will be presented during a lovely walk along the CN Trail. Come read this wonderful story with your family!

Brush, Brush, Brush!

JULY 3, 10:30, 2 TO 6 YEARS OLD, REGISTRATION REQUIRED

Why do we brush our teeth? What is flossing for? What is a cavity? In this interactive workshop for parents and children, we’ll answer all these questions and more! Learn good habits, discover practical tips, and, most importantly, have fun doing it with engaging activities!

Youth Reading Club

0 TO 12 YEARS OLD, REGISTRATION AT THE LIBRARY

The 2026 edition of the **TD Book Club** officially kicks off on June 9! The only thing to do this summer is stock up on books, because the most avid readers will have a chance to win great prizes! Visit the website: www.tdsummerreadingclub.ca

Youth Reading Club: Get the Popcorn!

JULY 25, 10:30, FOR EVERYONE

The National Film Board (NFB) presents a compilation of short films inspired by this summer’s Club theme: the sea. These seven maritime-themed works will carry you away on the waves of imagination—perfect for inspiring your reading for the Book Club!

Reading Club Party

AUGUST 29, 10:30, 5 TO 12 YEARS OLD, REGISTRATION REQUIRED

After a wonderful summer of reading, the TD Book Club is wrapping up with a bang with a special event! Comic book artist Sylvain Blouin is back to share the secrets of comic book creation. In this art workshop, you’ll get to practice drawing panels, characters, speech bubbles, and much more!

New Arrivals

The library keeps its collection up to date! Here is an overview of our new additions:

Son of Nobody / Yann Martel

The Winter Witch / Jennifer Chevalier

My Husband’s Wife / Alice Feeney

The Incandescent / Emily Tesh

I’m not the Only Murderer in my Retirement Home / Fergus Craig

Wellwater / Karen Solie

The Tin Men / Nelson DeMille

The Astral Library / Kate Quinn

The Hadacol Boogie / James Lee Burke

The Devil’s Bible / Steve Berry



Cultural Programming



Theatre Morin Heights gears up for fall

Thank you to our great cast, dedicated crew and wonderful audience for making our spring production “The Legend of Sleepy Hollow: A Radio Play Within a Radio Play” a resounding success!

“The Musical Comedy Murders of 1940” by John Bishop, from November 4 to November 8

Get ready for something completely different with our November show directed by Steve Gillam. Despite its name, this play is not a musical, but rather a satire of 1940s mystery movies, featuring a blend of slapstick humour, secret passageways, and war-era espionage. Casting takes place in June. More news coming soon! Tickets will go on sale in late September.

Volunteering

It takes a fabulous crew to put on a show! Over the decades literally hundreds of volunteers have stepped up. Interested in joining our dynamic team? Just let us know if you want to act or work behind the scenes.

Membership

Becoming a member (\$20 annually) is a great way to support TMH. Members receive advance notice about shows and ticket sales. They are also eligible to vote at TMH’s Annual General Meetings. You can join or renew online or at any TMH event.

For more information or to inquire about getting involved, call 579 765-3999, email theatremorinheights@gmail.com or visit our website at theatremorinheights.ca.



National Day Celebrations

This year, we’re hosting a very special evening for National Day on June 24, with a Guy Lafleur theme! Let’s gather behind Chalet Bellevue to celebrate to the sound of Quebec songs, listen to the mayor’s patriotic speech, enjoy a slice of the official cake, and then immerse ourselves in a spectacular light show themed around St-Jean-Baptiste Day! A proud, festive, and vibrant tribute to the soul of Quebec, created by a local artist.

We’ll be waiting for you starting at 20:30; please park your vehicles in the surrounding parking lots—Basler Park, the Aerobic Corridor, Lummis Park, the municipal library, or along Village Road in designated areas.

Shakespeare-in-the-Park

For its 2026 production of Shakespeare-in-the-Park, Repercussion Theatre presents an Afrofuturistic take on “**The Winter’s Tale**,” modelling bravery, boldness, and grace in the face of tyranny, as the hopeful rebellion of young lovers upends the bloody reign of a jealous king.

A performance of approximately two hours (with an intermission), presented in English (with French subtitles available via a free web app), at Basler Park (99 Lac-Écho Road), on **Saturday, August 8, at 19:00**. Only representation in the region. Bring lawn chairs and blankets. If there is heavy rain, the show will be presented at Chalet Bellevue.

Information:

chaletbellevue@morinheights.com or
450 226-3232, ext. 132

www.morinheights.com

Cultural Programming



Association Historique de
Morin Heights
Historical Association

A Busy Season Coming Up...

Histoire – History Morin Heights launched their biggest exhibition ever, “*Tous à bord – All Aboard*” at Chalet Bellevue, in March, featuring the diverse history of our community, through photos, artifacts and written stories, stories of Founders & Families, Railways & Trailways, Cultural Life, Leisure Life and much more.

Mini displays from this project will now travel about various village locations, including Chalet Bellevue, the library, and Trinity Church and in the fall of 2026 around and about the surrounding region of *Les Pays-d'en-Haut*.

Sunday, June 7: Our Annual Meeting featuring a highly entertaining guest speaker, Robert Simard, curator of the Argenteuil Museum, plus the publication release of our latest “**Porcupine**” magazine—all at Chalet Bellevue, at 13:00.

More details of each of these events will be featured on our Facebook page:

Website: www.morinheightshistory.org

Email: mha98@hotmail.com

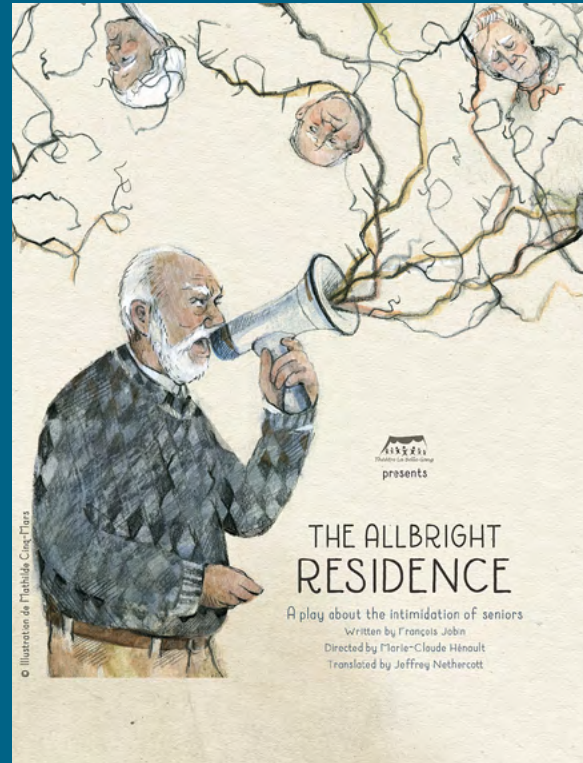
Facebook: Association historique de Morin Heights

Knitting Group

The knitting group gathers for a cozy session of knitting, conversation, and creative exchanges. It is not just for knitters; anyone who enjoys crocheting, embroidery, or other needlework is also welcome!

Meetings occur every Thursday from 13:00 to 16:00 at the library. Feel free to drop in for the whole meeting or just part of it, depending on your availability.

It is an informal gathering, so no registration or reservation is necessary—simply bring your materials and enthusiasm. If you have any questions, do not hesitate to contact Monique Bélisle at 514 608-2323.



The Allbright Residence

The theatre troupe *La Belle Gang*, in collaboration with the Municipality of Morin-Heights, will present the play “The Allbright Residence” (in English) for the first time at Chalet Bellevue on June 18, at 14:00. Tickets (\$10) are available online and at Chalet Bellevue.

“The Allbright Residence” is a play written with the intent to sensitize the public to the reality of bullying and harassment that happens between seniors.

A theatrical production featuring local actors that may just make you think. Don't miss it—only one performance!

Information:

chaletbellevue@morinheights.com or
450 226-3232, ext. 132



MORIN-HEIGHTS
1855

ECO-FAMILY DAY

MAY 30 Basler Park
11:00 to 15:00

ACTIVITIES

- Concert by Marco Calliari at 12:30
- Inflatable games and sports
- Educational workshops by GUEPE and Éducazoo
- Municipal service kiosks and local organizations
- Distribution of herbs and compost
- Free lunch
- ...and more!

A festive and
free day for
the whole
family!

Marco Calliari



450 226-3232 #132



www.morinheights.com

Tennis and Pickleball Courts

Where: Basler Park (99 Lac-Echo Road)

RATES

| Category | Open Practice | Equipment* |
|------------------------|--|-------------------------------------|
| Morin-Heights resident | free with your citizen card | |
| Non-resident | \$5 (single play) \$40 (monthly pass) \$100 (summer pass, valid June 1 - September 30) | \$7 (2 rackets/paddles and 3 balls) |
| Student 17 and under | free with ID | |

PICKLEBALL

Code of conduct: a code of conduct was established and approved in the summer of 2025. All pickleball players using the Morin-Heights facilities must adhere to this code of conduct.

Open Practice

New: reservations are required for open practice! Details are available on the Municipality's website.

Please note that activities organized by the Municipality have priority over open practice.

Morin-Heights Pickleball Club:

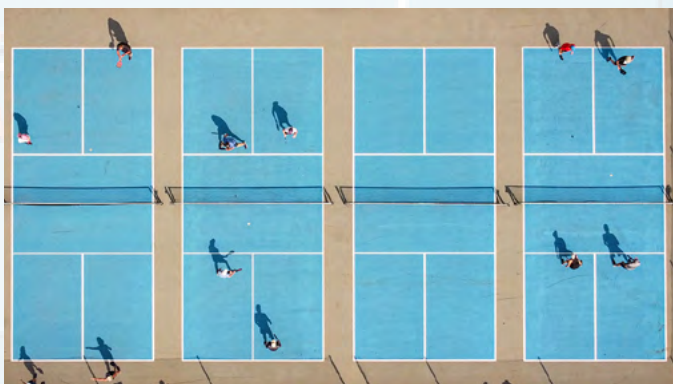
The four pickleball courts are reserved for the Pickleball Club according to the following schedule:

Monday, Tuesday, Wednesday, Thursday and

Saturday: from 9:00 to 12:00

Friday: from 14:00 to 16:00

To participate in club sessions, you must register for the season under the "Morin-Heights Pickleball Club" activity via the municipal website.



TENNIS

Schedule: 7 days a week, from 9:00 to 21:00

- One single court on a synthetic surface
- One double court on a synthetic surface

No reservation is required for the tennis courts.

Reminder: court rotations take place at set times: 10:00, 11:00, 12:00, etc., regardless of when you arrive on the court. A player who starts at 9:30 must vacate the court at 10:00 if there are people waiting. Please be courteous!

Time slots are reserved for open practice, for classes offered by the Municipality, and for private lessons authorized by the Municipality's providers ONLY.



F.C. MORIN-HEIGHTS

Now in its 37th season, F.C. Morin-Heights offers a summer soccer program for boys and girls ages 4-21, with Morin-Heights Elementary School as a home field. Our Grassroots program (ages 4-8) provides basic skills in a fun environment on Saturday mornings. The CDC program (ages 9-12) trains kids to Soccer Canada standards, with one practice per week and games on Saturdays. The Competitive program (ages 13-21) includes regional league games and practices from May - September with payoffs in the fall.

No tryouts: everyone is welcome.

Fees start at \$250 for residents • \$275 non-residents. Financial aid is available.

fcmorinheights.com

info@fcmorinheights.com

Beach Volleyball Court

Location: Lummis Park, 928 Village Road

Hours: 7 days a week, from 9:00 to 21:00

Rate: access to the beach volleyball court is free for everyone

This summer, our beach volleyball court is getting a makeover. Work is planned to upgrade the equipment on site. The court will remain available before and after the renovations.

Bring your own volleyball to play with friends!

Petanque Courts

Location: Basler Park, 99 Lac-Écho Road

Hours: 7 days a week, from 9:00 to 21:00

Petanque Club Schedule: Wednesdays, from 16:30 to 18:30, starting June 3

Rate: free access to the petanque courts

Equipment Rental: free for residents and \$7 for non-residents

Located on the surface of the large ice rink, our two petanque courts are available for you to enjoy this summer activity. Shaded rest areas are available.



Petanque Meet-Ups!
practice and open play
players gathering

Every Wednesday
from 16:30 to 18:30

June 3 through
September 30

Basler Park
99 Lac-Écho Road

It's free, but registration is mandatory!

CHILDREN'S FISHING DAY JUNE 6 - from 8:00

DOMAINE CASTEL MARIE : 900 route 364, Morin-Heights



Registration on site **\$5***
*cash only

On site

- Free hot-dogs
- Attendance prize
- Bring your chair

IGA
Morin-Heights

Morin-Heights 1888

Information
Nicole Cyr : (450) 224-5004
Patrick Proulx : (450) 512-1523

Fédération québécoise des chasseurs et pêcheurs

Family Policy—Sports Activity Reimbursement

The Municipality of Morin-Heights reimburses the difference between the resident and non-resident registration fees, **up to a maximum of \$200 per child, per activity, per year**, for activities offered to minors, such as minor hockey league, baseball, figure skating or swimming club.

Activities must be organized by a town located in the Laurentians, and reimbursement is available only to young people aged 17 and under who are permanent residents of Morin-Heights.

Requests for reimbursement must be submitted no later than sixty (60) days following the activity start date. **Refunds will be issued at the end of the season or session.**

The “Reimbursement Request” form is available on the municipal website under the “Online Services” menu, “Forms” submenu, or at Chalet Bellevue and must accompany all requests.

**Legion Flea Markets
Breakfast & BBQ Lunch**

June 6 • July 4 • August 1st • September 5

SATURDAY, JUNE 6

Flea Market #1

SATURDAY, JUNE 13

JB & The Playboys, at 20:00

SUNDAY, JUNE 14

Bingo, from 12:30 to 16:00

FRIDAY, JUNE 19

TGIF Smoked Meat, at 17:30

SATURDAY, JULY 1ST

Canada Day Steak Supper, at 18:00

SATURDAY, JULY 4

Flea Market #2

SATURDAY, JULY 11

Kim Adams & The House Cats, at 20:00

FRIDAY, JULY 17

TGIF SMOKED MEAT, AT 17:30

SUNDAY, JULY 19

Bingo, from 12:30 to 16:00

SATURDAY, AUGUST 1ST

Flea Market #3

FRIDAY, AUGUST 7

TGIF Smoked Meat, at 17:30

SUNDAY, AUGUST 16

Bingo, from 12:30 to 16:00

SATURDAY, AUGUST 22

BH Connexion, at 20:00

SATURDAY, AUGUST 29

Labour Day BBQ, at 18:00

All events are open to the public!

- **Djembe Classes** every Monday & Tuesday at 19:00.
- **Chair Yoga** every Monday at 10:00.
- **Street Hockey** every Saturday morning.
- **Darts** every Thursday at 15:00.

Hall rental with bar service or not available (info via email).

Information:

secretary171@cgocable.ca • www.legion171.com •
Facebook: legion171 •
Music Shows Facebook Page: morinheights live •
450 226-2213



**Viking Canoe
& Kayak Club**

Canoe Kids Summer Program (6 to 11 years old):

From June 29 to August 14; a week-long program (Monday to Friday, from 8:30 to 12:30).

Youth Development Program (11 to 14 years old):

sessions of two weeks starting July 6 (Monday to Friday, from 8:30 to 12:30).

Paddle All Program: This program aims to provide individuals with disabilities the opportunity to participate in the sport of sprint canoe kayak.

Adult Recreational Program (canoe, kayak and dragon boat).

Adult Performance Program (canoe and kayak).

All programs are subject to change without notice, pending registration/demand. All equipment is supplied.

For more information and to register:

www.canoekayakviking.ca
canoekayakviking@gmail.com
450 226-1876

SUMMER

PACKAGE

\$190
residents

\$220
non-residents

starts on June 22

8 WEEKS*

*NO CLASSES FROM JULY 20 TO 31

ONE PRICE FOR ACCESS TO SIX COURSES!

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|--|--|---|---|
| 9:00 - 10:00 Pilates Mariem | 8:30 - 9:30 Nordic walk Jayne 11:00 - 12:00 Introduction to boxing Boxe Laurentien | 9:00 - 10:00 Yoga for all levels Lynda | 10:30 - 11:30 Cardio-Latino Francisco | 9:00 - 10:00 Cardio-Toning Katy |

REGISTRATION
begins on May 27

WWW.MORINHEIGHTS.COM
PHONE: 450 226-3232 (132)
OR AT CHALET BELLEVUE



www.morinheights.com

Courses Offered

REGISTRATIONS start May 27

BY INTERNET:

Go to www.morinheights.com and click the "Registration" button on the homepage.

BY PHONE:

450 226-3232, ext. 132

IN PERSON

At Chalet Bellevue, 7 days a week, from 9:00 to 16:00
(see the Chalet's summer schedule on page 6).

Adult Courses

*course also offered as part of the summer package

| COURSE | DAY | AGE GROUP | INSTRUCTOR | TIME | DURATION | START DATE | RESIDENTS | NON-RESIDENTS |
|---|-----------|-----------|-------------------------|---------------|----------|------------|-----------|---------------|
| Cardio – Latino* | Thursday | adults | Francisco De La Calleja | 10:30 – 11:30 | 8 weeks | June 25 | \$105 | \$120 |
| Cardio-Toning* | Friday | adults | Katy de Denus | 9:00 – 10:00 | 8 weeks | June 26 | \$105 | \$120 |
| Summer Package (see opposite) Access to six different courses for a single price! | | | | | | | | |
| Introduction to Boxing* | Tuesday | adults | Boxe Laurentien | 11:00 – 12:00 | 8 weeks | June 23 | \$105 | \$120 |
| Introduction to Nordic Walk | Wednesday | adults | Jayne Pollock | 9:00 – 10:00 | 8 weeks | June 24 | \$105 | \$120 |
| Nordic Walk* | Tuesday | adults | Jayne Pollock | 8:30 – 9:30 | 8 weeks | June 23 | \$105 | \$120 |

*course also offered as part of the summer package

| COURSE | DAY | AGE GROUP | INSTRUCTOR | TIME | DURATION | START DATE | RESIDENTS | NON-RESIDENTS |
|---|-----------|------------------------|------------------|---------------|----------------------|---|-----------|---------------|
| Pickleball Skill Development Intermediate | Friday | adults | Yves Cloutier | 8:30 - 10:30 | 4 weeks | June 5 | \$75 | \$86 |
| Initiation to Pickleball | Wednesday | adults | Sylvie Ouellette | 18:00 - 19:30 | 5 weeks | July 8 | \$70 | \$81 |
| Supervised Pickleball Beginner 2 | Wednesday | adults | Sylvie Ouellette | 16:30 - 17:45 | 5 weeks | July 8 | \$60 | \$70 |
| Pilates* | Monday | adults | Mariem Valdes | 9:00 - 10:00 | 8 weeks | June 22 | \$105 | \$120 |
| Creative Photography and Multi-media Art | Friday | teens, adults, seniors | Karyn Dupuis | 9:30 - 11:30 | 8 weeks | June 26 | \$260 | \$300 |
| Tennis Intermediate | Thursday | adults | La place tennis | 9:00 - 11:00 | 8 weeks | July 2 | \$313 | \$360 |
| Tennis private lessons | Thursday | adults | La place tennis | 11:00 - 12:00 | between 1 to 8 weeks | Please contact La place Tennis directly to determine the number of lessons. benjamin@laplacetennis.com | | |
| Yoga for all | Wednesday | teens, adults | Lynda Yoso Zen | 9:00 - 10:00 | 8 weeks | June 24 | \$105 | \$120 |