



MORIN-HEIGHTS
1855

ECO-CITIZEN GUIDE

MUNICIPALITY OF MORIN-HEIGHTS



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INTRODUCTION

Together, let's protect our living environment

Welcome to the Morin-Heights Eco-Citizen Guide. Our municipality stands out for its natural landscapes, forests, trails, waterways, and exceptional environment. Preserving this richness is a shared responsibility.

This guide is designed to help you adopt simple and practical actions that contribute to protecting our environment, improving our quality of life, and preserving the unique character of our community.

1. REDUCE, REUSE, RECYCLE... AND COMPOST

Proper waste management is one of the simplest and most effective actions we can take.

Good habits to adopt:

- Reduce single-use purchases;
- Choose reusable products whenever possible;
- Properly sort recyclable materials;
- Use municipal services for yard waste and special items;
- Divert organic materials through composting.

Did you know?

A large portion of household waste can be diverted from landfills through recycling and composting.



2. LEAFCYCLING: A SIMPLE FALL ACTION

In the fall, fallen leaves become a valuable natural resource.

Leafcycling consists of allowing leaves to decompose naturally on your lawn or shredding them before leaving them on the ground.

Benefits:

- Naturally enriches the soil;
- Reduces the need for fertilizers;
- Supports biodiversity;
- Reduces the volume of materials collected.



You can also leave some leaves in garden beds to help protect plants during the winter.

3. PROTECTING TREES AND FORESTS

Trees play an essential role: they purify the air, reduce heat islands, support biodiversity, and contribute to the landscape that makes Morin-Heights so unique.



Every tree matters.

How can you help?

- Plant species suited to the local environment;
- Avoid unnecessary tree cutting;
- Protect trees during construction projects;
- Diversify plantings;
- Report invasive exotic species.

4. PRESERVING OUR WATERWAYS AND NATURAL AREAS

Lakes, streams, wetlands, and natural drainage areas play an important role in maintaining ecological balance.

Helpful actions

- Reduce the use of fertilizers and pesticides;
- Minimize runoff;
- Maintain vegetation near waterways;
- Avoid dumping materials into ditches or drainage areas..



Water is a precious resource—let's protect it.

5. CONSERVING DRINKING WATER

Drinking water requires significant infrastructure and treatment.



Simple tips:

- Repair leaks promptly
- Use a rain barrel;
- Water lawns and gardens early in the morning or in the evening;
- Install low-flow fixtures.

Every drop counts.

6. SUPPORTING BIODIVERSITY

Pollinators, birds, and small wildlife play an important role in healthy ecosystems.

You can help protect them by:

- Planting native species;
- Creating natural habitats;
- Reducing pesticide use;
- Preserving natural areas on your property.



A diverse environment is a resilient environment.

7. CHOOSING MORE SUSTAINABLE TRANSPORTATION

Every trip has an impact.



Whenever possible

- Walk instead of driving
- Ride a bicycle;
- Carpool
- Combine errands and trips.

Small changes can make a big difference.

8. BECOMING AN ENGAGED CITIZEN

Environmental protection depends on everyone's participation.

Get involved:

- Participate in community activities
- Take part in environmental initiatives;
- Stay informed about municipal programs;
- Help raise awareness among family and neighbours.

Together, we can preserve the quality of life and exceptional natural character of Morin-Heights



Thank you for helping make Morin-Heights a sustainable, dynamic, and environmentally responsible community.