

# INFO

## Morin-Heights

In harmony with nature



**MORIN-HEIGHTS**  
**1855**

### MUNICIPAL INFORMATION

#### SUMMER 2024

JUNE / JULY / AUGUST  
VOL. 26 NO 3

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### Canada Day

**Monday, July 1, starting at 14:00,**  
**at Sommet Morin Heights** (231 rue Bennett).

Enjoy an awesome evening of music with a stellar dual program! At 19:00, **Brian Tyler & The Bluestorm** will take the stage with his eight-piece band, followed by Canadian band **The Box**, originally scheduled for 2023, who will be performing at 21:00!

Face painting and tattooing for kids, inflatable games and games of skill, zootherapy area with small animals, fireworks, and more! All activities are free.

The full schedule will be mailed to you in a few weeks. Come and celebrate with us!



## News from the Mayor



Dear fellow citizens,

Summer is just around the corner and here is an overview of the activities, events and work that will be on the menu.

The online public consultation on the future of the Castel Marie property is over, and the Council will take the time to analyze all of the comments before proposing a long-term vision. However, we will soon be proceeding with the construction of a small parking area and the installation of picnic tables so that everyone can enjoy this wonderful space as soon as possible. The Children's Fishing Day, Environment Day and the Mayor's BBQ will all be held on the site on Saturday, June 8, and we invite you to attend in large numbers.

The next stage of the project to install decorative lighting and street furniture on chemin du Village and chemin du Lac-Écho will be carried out in early summer thanks to a grant from the federal government and will constitute the first stage in the revitalization of the village centre. You can view the revitalization plan on the citizen portal. (<https://citoyen.morinheights.com>)

Traditional Morin-Heights events such as Canada Day, Shakespeare-in-the-Park and the Superfolk Festival will be held this summer, and we're all hoping the weather will cooperate!

For the second year in a row, we'll also be presenting a series of concerts at Lummis Park. You will be able to see the Batucada orchestra, Anita Jade Turcotte, Éric Bégin, the Barockers and many others. Keep an eye on our official communication tools to make sure you don't miss a thing!

The construction of Habitat Morin-Heights' 30-unit project for seniors aged 75 and over or with a slight loss of autonomy is well underway, and we invite interested parties to complete the intention form. The form can be picked up at Town Hall and returned there by June 7. Units will be allocated in July for gradual move-in between November 2024 and January 2025.

Other major work this summer will include repairs to the Lac-Peter dam and the reconstruction of a section of chemin Blue Hills. The MTQ will also be paving Route 364 between Morin-Heights and Saint-Sauveur. In terms of road repair subsidies, 2023 was a good year for our municipality. This is not the case in 2024, but we will renew our grant requests in 2025.

In closing, I wish everyone a summer filled with outdoor activities, music and culture. We have an exceptional community; we just have to take advantage of it!

**Tim Watchorn, ing.**  
Mayor of Morin-Heights



### REMINDER

#### **Children's Fishing Day**

**at Domaine Castel Marie, Saturday, June 8, starting at 8:00**

Introduction to trout fishing for children, on-site registration, \$5 per child. Children must bring fishing equipment and be accompanied by an adult. This children's event is made possible thanks to the participation of the *Association de chasse et pêche des Laurentides*.



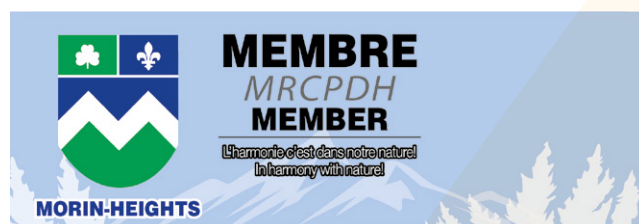
## Membership and Citizen Cards



### Why a citizen card?

It allows you to register online for our activities and benefit from the reduced or free rates offered to residents, including:

- course offering;
- cultural activities;
- events and shows;
- free access to our outdoor tennis and pickleball courts;
- access to our mountain bike trails;
- access to Lummis Park;
- to obtain a library card;
- access to and registration at the *Centre Sportif des Pays-d'en-Haut*;
- and much more!



### MRC card

Residents of towns and municipalities in the *MRC des Pays-d'en-Haut* who wish to take part in activities offered in Morin-Heights and benefit from reduced rates or privileges are invited to obtain a free MRC membership card, either online or at Chalet Bellevue.



### Non-resident card

Non-residents of the *MRC des Pays-d'en-Haut* interested in participating in Morin-Heights activities can obtain a free non-resident membership card online or at Chalet Bellevue in order to facilitate access.

## Keep your membership card

Remember to retain your membership card, which is valid for two years. It is essential to renew your cross-country ski/snowshoe passes next year. Your passes can be downloaded directly onto your membership card. A \$5 fee is charged for any card lost and renewed before its expiry date.

## Statistics

We track the frequency of use of our recreational services among different user groups (residents, non-residents, etc.). Therefore, when you arrive at our parks or our patrol comes across you on the trail, you will be asked to show them your membership card and tell them what activity you participated in. This will allow us to gather a more detailed statistical portrait to help us improve our services.

**Information:** [www.morinheights.com/citizen-card](http://www.morinheights.com/citizen-card)

## Books Boxes

The book boxes are back! You can leave, exchange, take or borrow a book of your choice without any obligation. The boxes are located at the following locations: Basler Park, Lummis Park, Village Entrance Park, Chalet Bellevue and near the Aerobic Corridor welcome pavilion.

If you have board games, puzzles, or similar hobbies, some of our boxes are large enough to accommodate a few. We invite young and old to bring this local treasure to life!

## Laurentian Region Cancer Support Group

The group provides support services in English to cancer patients, caregivers, and their families in the Laurentian Region. Free monthly meetings are held at Chalet Bellevue (27 rue Bellevue) or online through ZOOM. Donations are welcome (tax receipts provided).

For more information about the group's services, meetings, and guest speakers, do not hesitate to contact June Angus at 450 226-3641 or [cancer.laurentia@yahoo.ca](mailto:cancer.laurentia@yahoo.ca).

## Laurentian Business Women's Networking Group

If you are an entrepreneur or business owner seeking connections with fellow local businesswomen, consider joining our fantastic group. We exchange ideas, offer support, and help promote each other's services.

Our group occasionally hosts community events, and our monthly meetings feature insightful presenters who share valuable information on business-related topics (in English). We gather one evening each month from 19:00 to 20:30 at Chalet Bellevue in Morin-Heights. For more information, do not hesitate to contact Lori Leonard at 450 224-7472 or [leonard.lori@outlook.com](mailto:leonard.lori@outlook.com).



Photo credit: Roger Lauzon

## Photo Contest

Share your finest snapshots, whether capturing local landscapes, activities, events, or cheerful Morinheighters! The winner will receive a gift card from a local shop. Submit your favourite photos to [karyne.bergeron@morinheights.com](mailto:karyne.bergeron@morinheights.com).

The winner will be announced in the next bulletin.

**Your pictures must have a minimum size of 1 MB and be free of rights.**

Please note that selected photos will be kept in our municipal image bank and may be used to illustrate our various communication tools or ads.

Congratulations to the previous edition's contest winner, **Roger Lauzon**, who won a \$75 gift card from Espace l'Abri located at 800 chemin du Village!



## Documentary

We invite you to see the documentary "Casques bleus" (A War Movie), directed by Louise Leroux and produced by Richard Blackburn, both of Morin-Heights. We congratulate the team at Shootfilms, a local company, on this important film!

<https://casquesbleues.com>



# GARDE-MANGER

DES PAYS-D'EN-HAUT

On fait le "POIS" dans notre région,  
parce que "MANGER" c'est essentiel!



The *Garde-Manger des Pays-d'en-Haut* is a non-profit organization established since 1995.

We provide food and clothing support to people in need in the *MRC des Pays-d'en-Haut*.

## For information/registration for the food counter in Morin-Heights:

450 227-3757 | 450 229-2011  
info@gardemangerpdh.ca

The administrative centre is open from Monday to Thursday from 8:30 to 16:00.

**GARDEMANGERPDH.CA**



VÊTEMENTS & ARTICLES DE MAISON USAGÉS  
USED CLOTHING & HOUSE ITEMS

The *Fouillerie* is managed by the *Garde-Manger*. We sell used clothing, household items and toys at low prices, which are donated by citizens of the region.

**ALL PROFITS GO DIRECTLY TO THE  
GARDE-MANGER DES PAYS-D'EN-HAUT.**

Open: Thursday, Friday 9:00 to 15:00  
The 1<sup>st</sup> Saturday of the month 9:00 to 14:00

28 rue Bennett, Morin-Heights | 450 644-0087



**Let's hear  
each other and  
get along**

letsheareachotherandgetalong.com

www.morinheights.com

## Important Numbers

### Town Hall:

567 chemin du Village  
Morin-Heights (Québec)  
J0R 1H0

**Telephone:** 450 226-3232

**Fax:** 450 226-8786

**www.morinheights.com**  
**municipalite@morinheights.com**

### Emails:

bibliotheque@morinheights.com  
chaletbellevue@morinheights.com  
comptabilite@morinheights.com  
conseil@morinheights.com  
loisirs@morinheights.com  
mutation@morinheights.com  
pleinair@morinheights.com  
service.urbanisme@morinheights.com  
ssi@morinheights.com  
taxes@morinheights.com  
travauxpublics@morinheights.com

### Sûreté du Québec des Pays-d'en-Haut:

450 227-6848

### Animal Control:

1 866 960-7722 • www.spcall.ca

### Citizen Portal:

https://citoyen.morinheights.com



**www.facebook.com/  
MunicipaliteMorinHeights**



**www.instagram.com/  
municipalitedemorinheights**



**youtube.com/  
@MunicipalitedeMorinHeights**



**t.me/morinheights**

### Emergency 9-1-1:

**Public Works (evenings, nights,  
weekends, and holidays) –  
Fire – Police – Ambulance –  
Emergency Measures**

Photos: Paul Mackay, Derek Shearer, Hoan Luong and  
Ruisseau Jackson

Legal Deposit — Bibliothèque et Archives nationales  
du Québec, 2024

Graphic Design:  
**Turquoise Design** / 514 592-8153

Production:  
**Les Imprimés Triton** / 1 888 990-3486  
www.groupepetriton.com

# Town Planning and Environment

## Communicating with your neighbours: the key to good cohabitation!

Are you disturbed by a neighbour's actions? Talk it over with them first. Explain the various things that are bothering you and affecting your quality of life. It's possible that they never even thought it could bother you. Every year, the Municipality receives numerous complaints about neighbourhood nuisances. Before filing a complaint or calling the Municipality or the police, we encourage you to talk to your neighbours. Here are a few tips and tricks to help you maintain harmony with your neighbours:

### Parties and Swimming Pools

Are the neighbourhood's kids all hanging out at the neighbour's pool? Summer is for playing! Be indulgent.

Is your little one turning 10, and you are planning a party with friends and family? Notify your neighbours and make sure your gathering isn't too noisy.

If your party with friends goes on into the evening, be respectful of your neighbours by turning down the volume and the music.

### Animals

Is your dog practicing its vocalizations, or is he such a good watchdog that he'll alert you by barking at the slightest insect movement? Calm him down gently, or bring him into your home. Your neighbours will appreciate it.



## International Environment Day

International Environment Day, held every year on June 5, brings together millions of people around the world and encourages everyone to participate in efforts to protect and restore the Earth. This year marks the fiftieth anniversary of the event.

This day highlights the urgent environmental challenges of our time. This international day has become the world's largest platform for environmental awareness, with millions of people from all over the world pledging to protect the planet.

Simple, everyday gestures can go a long way towards protecting the environment. Here are just a few that will help you become an eco-responsible citizen.

- Master the recovery of recyclable materials and ensure proper composting with the aim of becoming a zero-waste enthusiast.
- Make your own household products and cosmetics.
- Reduce food waste.
- Renaturalize your land.
- Voluntary conservation.
- Adopt or continue basic water consumption habits:
  - purchase a rainwater collection barrel;
  - wash your dishes with a sink full of water rather than with the tap running continuously;
  - turn off the tap when brushing your teeth, washing your hands, shaving, etc.;
  - install aerators on faucets;
  - limit the time spent in the shower and prefer showering to bathing;
  - when cleaning, use a bucket rather than a continuously running tap;
  - put a jug of water in the fridge for cold water instead of leaving the tap running.





## Maintenance of Your Septic System

To keep your septic system in good condition, in addition to emptying your tank and periodically maintaining the purification system, we advise you not to flush these materials down the toilet, sink, or any other drain connected to the domestic sewer system.

- Hair
- Fats: cooking fats, oils, etc.
- Diapers
- Earmuffs, dental floss
- Paper towels
- Make-up remover or baby wipes
- Dryer wipes
- Hazardous materials such as paint, gasoline, motor oil, acid, etc.
- Pieces of fabric: linen, washcloths, clothing, etc.
- Bandages, plasters, medicines, etc.
- Small toys
- Sanitary towels and tampons

All these objects can clog pipes and cause damage to installations such as pumps, and eventually cause sewer backups in residences.

### Ecocentre

The inter-municipal Ecocentre is located at 2125 chemin Jean-Adam, Saint-Sauveur. It is open daily (except Wednesdays) from 7:30 to 16:15.

[www.vss.ca/services-aux-citoyens/services/ecocentre](http://www.vss.ca/services-aux-citoyens/services/ecocentre)

[ecocentre@vss.ca](mailto:ecocentre@vss.ca)  
450 227-0000, ext. 3200

### Next editions!

#### FALL EDITION

**August 15 to December 1, 2024**

Deadline: June 6, 2024

Distribution: August 14, 2024

#### WINTER EDITION

**Dec. 1, 2024 to March 15, 2025**

Deadline: September 27, 2024

Distribution: November 22, 2024

# Collections Calendar





## SECTOR 2-YELLOW

JUNE 2024							JULY 2024							AUGUST 2024						
S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S
						1		1	2	3	4	5	6					1	2	3
2	3	4	5	6	7	8	7	8	9	10	11	12	13	4	5	6	7	8	9	10
9	10	11	12	13	14	15	14	15	16	17	18	19	20	11	12	13	14	15	16	17
16	17	18	19	20	21	22	21	22	23	24	25	26	27	18	19	20	21	22	23	24
23	24	25	26	27	28	29	28	29	30	31				25	26	27	28	29	30	31
30																				

## SECTOR 3-GREEN

JUNE 2024							JULY 2024							AUGUST 2024						
S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S
						1		1	2	3	4	5	6					1	2	3
2	3	4	5	6	7	8	7	8	9	10	11	12	13	4	5	6	7	8	9	10
9	10	11	12	13	14	15	14	15	16	17	18	19	20	11	12	13	14	15	16	17
16	17	18	19	20	21	22	21	22	23	24	25	26	27	18	19	20	21	22	23	24
23	24	25	26	27	28	29	28	29	30	31				25	26	27	28	29	30	31
30																				

### Legend

-  Recycling (blue bin)
-  Organic (brown bin)
-  Garbage (black bin)
-  Bulky items

**lespaysdenhaut**  
recyclent.com 

### INFO-COLLECTE

1855 PDH-RECY • 450 229-8052 •  
infocollecte@mrcpdh.org

 **MRC des  
Pays-d'en-Haut**



WONDERING WHAT GOES WHERE ?

**ÇA VA  
OÙ?**



With the free application **ça va où?**,  
you'll know where things go!

<https://cavaouwebapp.recyc-quebec.gouv.qc.ca/>

[www.morinheights.com](http://www.morinheights.com)



# Library

The library is closed on public holidays.  
Library membership is **free** for all residents.

## Opening hours:

Tuesday to Friday: From 10:00 to 18:00

Saturday: From 9:30 to 16:30

823 chemin du Village

450 226-3232, ext. 124

[bibliotheque@morinheights.com](mailto:bibliotheque@morinheights.com)

[mabiblioamoi.ca](http://mabiblioamoi.ca)

We invite you to reserve your documents in advance at [mabiblioamoi.ca](http://mabiblioamoi.ca) or by e-mail at [bibliotheque@morinheights.com](mailto:bibliotheque@morinheights.com). For returns, the book chute is always accessible on the side of the building.



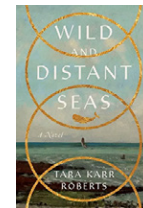
## Sentier des contes

From June 10 to September 2, the *Sentier des Contes* is back, on the CN trail along the Aerobic Corridor, with a great story to discover! Astronaut Chris Hadfield shares the story of Apollo 11's moon landing and how it changed his life. Read from one panel to the next at your leisure. For all to enjoy!

## TD Children's Book Club

Children 0 to 12,  
registration at the  
library, card required.

The 2024 edition of the TD Book Club officially kicks off on June 11! This summer, the only thing to do is stock up on books, as the most voracious readers will have the chance to win great prizes! Visit the website:  
[www.clubdelecturetd.ca](http://www.clubdelecturetd.ca)



## New Arrivals!

The library keeps its collection up to date! Here's a glimpse of what's new:

**The Silver Bone/**  
Audrey Kurkov

**The Future/**  
Catherine Leroux

**Wild and Distant Seas/**  
Tara Karr Roberts

**Bad Cree/**Jessica Johns

**The Atlas Maneuver/**  
Steve Berry

**Random in Death/**  
J. D. Robb

**Table for Two/**  
Amor Towles

**Study for Obedience/**  
Sarah Bernstein

**The Woman/**  
Kristin Hannah

**The Phoenix Crown/**  
Kate Quinn

# Morin-Heights Fire Department and First Responders



## Outdoor Fireplace

With the arrival of good weather and roasted marshmallow season, make sure that the installation of your outdoor fireplace is compliant. If you have a regulatory outdoor fireplace, you can light a fire, even if SOPFEU restrictions are in force in your municipality.

To be regulatory, your outdoor fireplace must:

- be installed on a non-combustible surface (paved, open dirt or gravel floor);
- be installed at least 4.5 metres from buildings and structures attached to them and at least 3 metres from trees, hedges, or any other combustible materials;
- and be equipped with a spark arrestor whose openings have a maximum dimension of 1 cm.

In addition, it is strictly forbidden to fuel or maintain a fire with an accelerant.

## Open Fires

An open fire is a fire burning freely like a campfire on the ground. Before lighting an open fire, first, check that no restrictions are in force. Also, check the current SOPFEU restrictions. If there are no restrictions in your municipality, follow these instructions:

- make sure to obtain your burning permit from the municipality's website: [www.morinheights.com/Burning-Permit-request](http://www.morinheights.com/Burning-Permit-request);
- prepare an open area on mineral soil without combustible materials (leaves, grass or other);
- move away all propane gas cylinders and other combustibles;
- light a fire with a maximum dimension of 1 metre by 1 metre;
- monitor the fire at all times and always have water nearby;
- extinguish the fire by pouring water thoroughly and mixing the embers;
- before leaving the premises, check that there is no heat source.





Please note that the Fire Safety Department will conduct its prevention visits from the beginning of July until the end of August.

## Smoke Alarm Prevention Program

As every summer season, our firefighters will form a fire prevention team with the aim of carrying out residential visits in a targeted area. They will check smoke detectors and carbon monoxide detectors. Our team will be identifiable by the municipality uniform and will travel in the emergency vehicle of our fire safety service.

Are you absent during our visit? No problem, our team will leave a door hanger, which can be filled out by the owner and returned by mail or directly to the Town Hall.

## Forest Fire

Forest fires are frequent in Quebec and are often caused by humans. If you are an outdoor enthusiast or live in a forested area, you should take preventive measures to avoid starting forest fires. These can cause considerable material loss and even death.

It is important to:

- respect municipal regulations relating to outdoor fires at all times;
- do not smoke in or near the forest;
- check if a notice prohibiting the lighting of open fires is in force in your area.

For more information and to know what to do before, during and after a forest fire, you can consult the “Forest fire” page of the government of Quebec or the SOPFEU website. SOPFEU is the organization responsible for the prevention of human-caused forest fires as well as the detection and extinction of forest fires in Quebec.



# Outdoor Network

## Mountain Biking

Access to the mountain bike network is free for Morin-Heights residents on presentation of a valid citizen card or membership card (see p. 3).

### 2024 MOUNTAIN BIKE PRICING

SEASON PASSES	MORIN-HEIGHTS RESIDENTS	MRCPDH RESIDENTS	NON-RESIDENTS
Adults 18 years and older	FREE	\$55	\$65
Students 18-22 years old (with proof)	FREE	\$40,50	\$53,25
Seniors 65+ (with proof)			
Children 17 years and under	FREE	FREE	FREE

DAY TICKETS	MORIN-HEIGHTS RESIDENTS	MRCPDH RESIDENTS	NON-RESIDENTS
Adults 18 years and older	FREE	\$8	\$10
Students 18-22 years old (with proof)	FREE	\$8	\$10
Seniors 65+ (with proof)			
Children 17 years and under	FREE	FREE	FREE

Taxes included. Prices are subject to change without notice.

### Respect of Private Property

It is important to note that the closed trails may be located on private property. Therefore, using them outside the operating season is **forbidden** since we do not have the necessary authorizations.



## Unauthorized Development

Building modules, obstacles, or new trails in the mountain bike network is forbidden without the approval of the Municipality.

## Hiking

The hiking trail network at Basler Park and Bouleaux Park (snowshoeing trails only) is free for all users.

## Trail Conditions

You can check the status of the trails on the municipal website: [www.morinheights.com/Outdoors](http://www.morinheights.com/Outdoors). Please respect the 24-hour rule after heavy rain to preserve the trails' condition and respect the signage regarding closed trails.

## Parking

Street parking is always prohibited, as well as on private lots adjacent to the parks. You must use the municipal parking lots near the various trail networks.

## Trail Running Event at Basler Park

*Course en Sentier Ozone*, in collaboration with the Municipality of Morin-Heights, presents the third edition of this family event that will be held at Basler Park on **July 13**.

For more information:  
<https://www.facebook.com/course.en.sentier.ozone/>



# Cultural Programming

## REMINDER! *Recomposées* Podcast

The audio play (in French) will be available in Basler Park until the end of September. Signposts will feature excerpts from the play. Scan the QR code with your phone to access the podcast and immerse yourself in the audio piece while enjoying your walk through the park.

Through this innovative project, the author, a Morin-Heights resident, delves into the challenges of blended families and the unique role of stepmothers. Bring your cell phone and headphones to fully immerse yourself in the myriad of emotions experienced by modern stepmothers. Prepare to be moved by the heartfelt testimonials you will hear along the way!

## Joyful Noise Choir

Joyful Noise Choir invites you to its concert on Sunday, June 2, at 15:00, at United Church, 831 chemin du Village. Donations to the church are welcome.

## Local Knitting in Public Day

Once again this year, we're presenting a local knitting in public day! You are welcome to gather at the Chalet Bellevue to knit together on the porch on **Saturday, June 15, from 14:00 to 16:00**. Bring your knitting, embroidery or crocheting supplies, tea or coffee and treats, a folding chair, but most of all, your cheerfulness! Experienced knitters will be ready to share their knowledge with novice knitters.

Rain or shine, we will knit and chat!

[www.morinheights.com](http://www.morinheights.com)



Morin-Heights residents can use the promo code "**RESIDENTMH2024**" when purchasing tickets online to benefit from a 20% discount. Quantities are limited.

Please note that proof of residency will be required at the entrance. Those without valid proof of residency will have to pay the regular rate to access the site.

## Knitting Group

The knitting group gathers for a cozy session of knitting, conversation, and creative exchanges. It is not just for knitters; anyone who enjoys crocheting, embroidery, or other needlework is also welcome!

Meetings occur every Thursday from 13:00 to 16:00 at the library. Feel free to drop in for the whole meeting or just part of it, depending on your availability.

It is an informal gathering, so no registration or reservation is necessary—simply bring your materials and enthusiasm. If you have any questions, do not hesitate to contact Monique Bélisle at 514 608-2323.

# Cultural Programming

## Wildlife Photography Exhibition by Lyse Samson

The Municipality of Morin-Heights presents an exhibition by local wildlife photographer Lyse Samson at Chalet Bellevue from June 6 to June 9. The vernissage will be held on Friday, June 7, in a "5 à 7" formula.

**Exhibition's opening hours with the presence of the artist:**

**Thursday, June 6:** From 10:00 to 16:00

**Friday, June 7:** From 11:00 to 19:00

**Saturday, June 8:** From 9:00 to 15:00

**Sunday, June 9:** From 9:00 to 15:00

Lyse Samson has been practicing wildlife photography since 2019, a passion born when she retired. She shows great patience in searching and finding species around her and immortalizing the moment. She has won numerous local prizes and exhibited her work in various photography clubs. She also has a permanent exhibit at La Fouine restaurant in Morin-Heights, where you can admire her photographs on your next visit! To learn more about her work, visit [facebook.com/slysou.samson](https://facebook.com/slysou.samson) or on Instagram: slysoul.



## Balado Découverte

You are invited, at any time, to explore the Morin-Heights' Heritage Tour and discover nearly thirty sites that have marked the history and development of the municipality over the years. Explore the circuit with the help of the mobile application *BaladoDécouverte*, which guides users on free tours of thematic circuits.

Shakespeare-in-the-Park 2024 :

## INFINITE VARIETY

(Variétés infinies)



## Shakespeare-in-the-Park's "Infinite Variety"

Repercussion Theatre and the Municipality of Morin-Heights invite you to a professional theatrical performance filled with sonnets, songs, scenes and soliloquies by or inspired by Shakespeare. The show will include music, frivolity, audience interaction, special guests and endless ways to connect with the space, with one another and with Shakespeare's poetry!

The play will be presented in English at Basler Park (99 chemin du Lac-Écho) on Saturday, July 20, at 19:00. Only representation in the region. Bring lawn chairs and blankets. If there is heavy rain, the show will be presented at Chalet Bellevue.

### Information:

[chaletbellevue@morinheights.com](mailto:chaletbellevue@morinheights.com) or  
450 226-3232, ext. 132.

## Concerts at Lummis Park

For a second year, musical performances and cultural animation will be presented at Lummis Park this summer. Follow our usual communication platforms to learn all the details of this summer programming!



# Cultural Programming



Association Historique de  
**Morin Heights**  
Historical Association

## Annual General Meeting

**Saturday, June 1, at 13:30 at Chalet Bellevue**

This meeting is for members only. If you would like to be a member, you can join on our website: <https://morinheightshistory.org/> on the “Membership” page or, if you prefer, at the door before the meeting.

## OPEN TO THE PUBLIC

Following the meeting at 14:00, we will have the launch of Porcupine #16 and a presentation by James Jackson on the Jackson Creek watershed (details on page 19).

## Porcupine 16 Arrives!

The official launch will be at Chalet Bellevue at 14:00, June 1, after the MHHA Annual General Meeting, with copies fresh off the press for sale. Included in the usual array of interesting articles are:

- Did aliens invade Morin-Heights? The mystery of the silver dome exposed.
- How was Morin-Heights involved in the beginning of the Quebec sovereigntist movement?

Copies will be available online at <https://morinheightshistory.org/porcupine/> or public events attended by MHHA.

## Volunteers Wanted

Think history isn't fun? We think it is! Our happy group of volunteers finds that working with MHHA is a great way to get to really know your community and the people, past and present, who have influenced what Morin-Heights has become.

If you have some spare time that you can spend helping us, please contact us at [mhha98@hotmail.com](mailto:mhha98@hotmail.com).



## Get Involved with Theatre Morin Heights

Thank you to our patrons, members, sponsors and volunteers who helped Theatre Morin Heights deliver a great show with our May 8 to 12 production of “Three Tall Women” by Edward Albee.

## GamePlan—October 23–28

Planning is already underway for our next big event set for this fall, from October 23 to October 28, 2024, as we present “GamePlan” by Alan Ayckbourn. Six performances at Chalet Bellevue include four evening shows and two matinees. Casting and rehearsals will take place in June. Visit our website for details. Tickets \$25 go on sale mid-September.

## Journées de la culture—September 29

We will also be casting for a rehearsed play reading as part of *Journée de la culture* on September 29 at 15:00 at Chalet Bellevue. This is the perfect opportunity to appear onstage without having to memorize lines. All it takes is a few rehearsals and a performance with scripts in hand, a few costumes, props, lights and sound. Let us know if you are interested.

There are also many other ways you can volunteer to become part of our thriving local English Community Theatre Troupe. For more information, call 579 765-3999, email [theatremorinheights@gmail.com](mailto:theatremorinheights@gmail.com) or visit our website, [theatremorinheights.ca](http://theatremorinheights.ca).



## Lummis Park

Access to Lummis Park is FREE for all residents with their citizen cards, access is fee-based for non-residents. However, each resident can invite five people for free upon presentation of their citizen card.

### Services offered

- Sand volleyball court
- Book box
- Children's park and toy box
- Parking
- Picnic tables
- Chemical toilets
- Concerts (see p.14)

### FEES

Category	Daily fee
Morin-Heights residents	Free with citizen card
MRCPDH residents	Free with proof of residence*
Non-resident	\$5 **
Children 17 and under	Free

\* Proof accepted, driver's license or citizen card

\*\* No refunds in case of rain or storms



## Viking Canoe & Kayak Club



### Canoe Kids Summer Program

(6 to 11 years old): From June 24 to August 16, we offer a half-day summer camp program (Monday to Friday, 8:30 to 12:30) \$150/week

### Youth Competitive Development Program

This program is for 11 to 16 years old and runs for 4 to 8 weeks (Monday, Wednesday, Friday, 8:30-12:30).

**Also offered are the Adult Recreational Program:** (canoe, kayak and dragon boat) \$200/season

### Adult Performance Program:

(canoe and kayak) \$225/season

### PaddleAll Program:

This program aims to provide individuals with disabilities with the opportunity to participate in the sport of sprint canoe kayak. \$100/8 weeks

All programs are subject to change without notice, pending registration/demand. All equipment is supplied.

### For more information and to register:

[www.canoekayakviking.ca](http://www.canoekayakviking.ca)

[canoekayakviking@gmail.com](mailto:canoekayakviking@gmail.com)

450 226-1876



# Tennis and Pickleball

Access to the tennis and pickleball courts is FREE for all residents with their citizen card.

**Where:** Basler Park (99 chemin du Lac-Écho)

**Opening hours:** daily, from 9:00 to 21:00

Available	
One double tennis court	Synthetic surface
One single tennis court	
Four pickleball courts	Acrylic surface

Please note that tennis lessons, the Pickleball Club, and activities organized by the Municipality take precedence over free practice.

## RATES

Category	Daily Rate	Season Pass
Morin-Heights Resident	Free with the citizen card	Free with the citizen card
Non-resident	\$5	\$40/month or \$100 for the whole summer
Children (17 and under)	Free	Free

## TO PLAY TENNIS OR PICKLEBALL:

- / No reservation is necessary.
- / Playtime will be based on a first-come, first-served basis, with hourly rotation.
- / The game's maximum duration is one hour and can be extended if no one is waiting.
- / Present yourself at the entrance of Basler Park with your citizen card for free access to the courts. A daily access fee will be charged to non-residents.
- / Non-residents may purchase their season pass at the Chalet Bellevue reception desk and present their pass to enter Basler Park.

## The Friendly Pickleball Club!

**New!**

Join other pickleball enthusiasts for a game of this popular sport! Time slots have been reserved for the Pickleball Club. To show your interest in joining this club, register online (free of charge) for the "Friendly Pickleball Club" activity via the municipal website at [www.morinheights.com](http://www.morinheights.com). You will then be informed of the reservation procedures. We're introducing a new system this year for even more fun!

### Schedule for the Friendly Pickleball Club

Monday • Tuesday • Wednesday • Thursday • Saturday	9:00 to 12:00	Courts 1, 2, 3 and 4
Thursday	18:00 to 20:00	Courts 3 and 4

## Pickleball Development Session

**Free!**

For intermediate players.

Tuesdays, from 9:00 to 10:00, on the following dates:

- Every Tuesday of June (4-11-18 and 25)

You must register for the dates you are interested in online via [www.morinheights.com](http://www.morinheights.com).

### Volunteers needed

We are looking for volunteers who would like to get involved and help run the «Friendly Pickleball Club.» Interested parties should contact the Sports, Recreation, and Events Coordinator directly at [eliane.charbonneau@morinheights.com](mailto:eliane.charbonneau@morinheights.com).

## Pickleball Federation of Quebec and Canada

Pickleball players at the Morin-Heights Friendly Pickleball Club are strongly encouraged to become members of the Pickleball Federation.

Cost: \$25/year

### Federation benefits:

- monthly newsletter;
- invitation to members-only training and activities;
- includes accident insurance;
- and much more!

Contact Sylvie Charland (volunteer) at [picklaurentides@gmail.com](mailto:picklaurentides@gmail.com) to sign up or for more information.



## Summer 2024 Program SESSIONS

- From June 17 to August 11 (8 weeks) – Swim for Life Program
- From June 17 to August 11 (8 weeks) – Aquatic Fitness Program

\* Classes will be suspended during the construction vacation weeks, from July 21 to August 3, inclusively.

### REGISTRATION

- **From June 2 to June 8:** for residents of the partner cities and municipalities of *Centre Sportif Pays-d'en-Haut* (Estérel, Lac-des-Seizes-Îles, Morin-Heights, Piedmont, Saint-Adolphe-d'Howard, Saint-Sauveur, Sainte-Adèle, Sainte-Anne-des-Lacs and Sainte-Marguerite-du-Lac-Masson)
- **From June 9 to June 15:** open to everyone

### REGISTRATION SCHEDULE (online or in person)

Online	June 2 to June 15	<b>9:00 to 20:00</b>
In-person	June 2 to June 15	<b>9:00 to 20:00</b> Monday to Thursday <b>9:00 to 17:00</b> Friday, Saturday, and Sunday

## FREE SWIMMING ASSESSMENT

Are you interested in enrolling yourself or a family member in a class offered by the “Swim for Life” program? To ensure you have the right level when you register, come to the *Centre Sportif Pays-d'en-Haut*, where our experts will be available to assess the swimmer and recommend the appropriate level based on age or skills. The evaluation occurs **in the water**, so all swimmers must wear a cap and swimsuit.

### Notes:

- an assessment is not required for children aged 4 months to 3 years, as registration is based on the swimmer's age.
- this assessment only determines the swimmer's level and does not prioritize your position during registration.

**The assessment service is free of charge, and no appointment is necessary. Hours are as follows:**

- Thursday, May 30, from 17:30 to 20:00.
- Saturday, June 1, from 14:00 to 17:00.

When you arrive, please go to the reception desk, where someone will happily direct you!

## ANNUAL CLOSURE OF THE DESJARDINS POOLS

Please note that the annual maintenance of the Desjardins pools will last three weeks, from August 12 to September 1, inclusively. Therefore, the pools will be inaccessible to the public during this period.

## TRAINING & CAREER

If you are interested in training courses such as lifeguard or instructor certifications, do not hesitate to contact our aquatic manager, Catherine Héту-Barré, by email at [chetu-barre@cspdh.com](mailto:chetu-barre@cspdh.com)

To join the *Centre Sportif de la MRC des Pays-d'en-Haut*'s team, visit [www.centresportifpaysdenhaut.com/emplois/](http://www.centresportifpaysdenhaut.com/emplois/).

## IGA ARENA

For more information on IGA Arena, do not hesitate to contact us by email at [info@cspdh.com](mailto:info@cspdh.com) or 579 202-1722, ext. 2.

## ANNUAL CLOSURE OF THE IGA ARENA

Citizens and users are advised to visit <https://www.centresportifpaysdenhaut.com/> for more information.

## CENTRE SPORTIF PAYS-D'EN-HAUT

252 boul. de Sainte-Adèle,  
Sainte-Adèle, Québec, J8B 0K6  
Tel: 579 202-1722

[www.centresportifpaysdenhaut.com](http://www.centresportifpaysdenhaut.com)

[www.morinheights.com](http://www.morinheights.com)





## Royal Canadian Legion Activities

At 127 chemin Watchorn

### Legion Flea Markets Breakfast & BBQ Lunch

June 1 • July 6 • August 3 • September 7

**\$25 per table**

SATURDAY JUNE 1

#### Flea Market #1

FRIDAY JUNE 14

#### TGIF Smoked Meat, from 17:00 to 19:00

SATURDAY JUNE 22

#### West deVillie Band, at 20:00

SATURDAY JUNE 29

#### Canada Day Steak Supper, at 18:00

SATURDAY JULY 6

#### Flea Market #2

FRIDAY JULY 19

#### TGIF Smoked Meat + Trivia, from 17:00 to 19:00

SATURDAY JULY 27

#### The Pete Dumoulin Band, at 20:00

SATURDAY AUGUST 3

#### Flea Market #3

SATURDAY AUGUST 10

#### Corn Roast, at 18:00

SATURDAY AUGUST 17

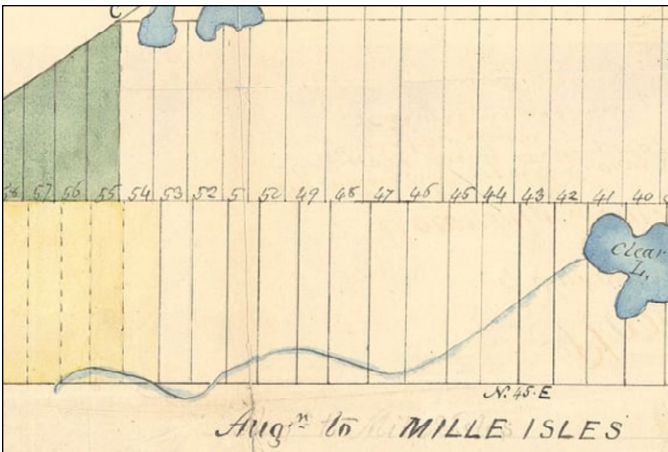
#### Legion Memorial Golf Tournament

All events are open to the public! Dart games every Thursday at 15:00.

Room rental available (info via email).

#### Information:

legion171@cgocable.ca • www.legion171.net •  
Facebook: legion171 • Music shows Facebook  
page: morinheights live • 450 226-2213



Plan of part of the Township of Morin, 1859 (detail focusing on Ruisseau Jackson).

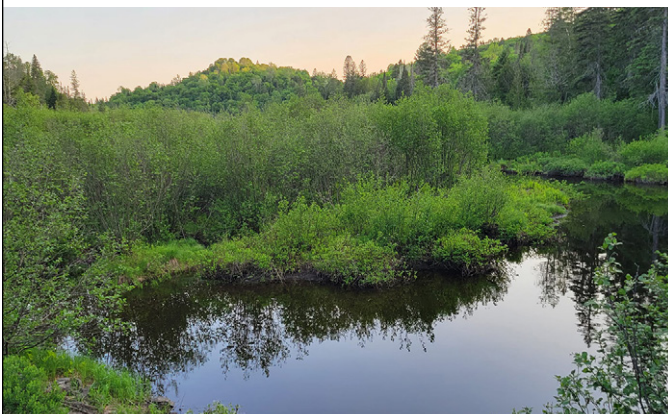
### If the Ruisseau could talk...

Environmental historians who study human interaction with the natural world, sometimes over very long periods, emphasize the role human affairs play in influencing nature and vice versa. But what is the story of the Ruisseau Jackson and the Simon River in which it plunges?

Ruisseau Jackson (RJANP) is proud to announce the publication of a short history of the Ruisseau Jackson watershed. The publication is to be produced this year thanks to the Morin-Heights Historical Association (MHHA).

An associated conference will take place on June 1, from 14:00 to 15:00 at Chalet Bellevue. Come hear the author lend his voice to the Ruisseau: Mr. James Jackson!

Info: [ruisseaujackson.org](http://ruisseaujackson.org)





## The Mayor's BBQ

The event will take place on **Saturday, June 8, at Domaine Castel Marie** from 11:30 to 15:00.

- BBQ
- Inflatable game
- Concert and entertainment
- Municipal booths: Recreation, Culture and Community Life, Town Planning, Environment, and Fire Safety (information, games, and activities at booths)
- Shuttle bus system (no parking allowed on site)

**Mark it on your calendar!**

*Petit  
Le Grand*

**POUTINEFEST**

PRESENTED BY  
LES PRODUCTIONS 

SAME POUTINE  
SAME FUN  
BUT CUTER!



**AT BASLER PARK**  
FROM JULY 25 TO 27



[www.morinheights.com](http://www.morinheights.com)



# Courses offered

## REGISTRATION starting on May 27

### BY INTERNET

Go to [www.morinheights.com](http://www.morinheights.com) and click the "Registration" link on the home page.

### BY PHONE

at 450-226-3232, ext. 132

### IN PERSON

at Chalet Bellevue, seven days a week, from 9:00 to 16:00

## Information

For details on the course content, please contact Chalet Bellevue directly.

A promotional graphic for the Summer Package. It features a blue background with green palm fronds at the top and bottom. The text "SUMMER PACKAGE" is prominently displayed in large, bold, green letters. Below this, there are three circular images: a person using a Nordic walking pole, a woman in a pink shirt and blue leggings, and a person doing a yoga pose. The text "Starts on June 17" is written in a cursive font. Below the images, it says "5 COURSES / 5 DAYS" in bold green letters. A list of courses is provided: Nordic walk, Cardio-Latino, Pilates, Tae-Boxe/Drumming, and Varied courses. A white box with the text "FOR ONE SINGLE PRICE!" is also present. At the bottom, the website "www.morinheights.com" is listed.

**SUMMER PACKAGE**

*Starts on June 17*

**5 COURSES / 5 DAYS**

- Nordic walk
- Cardio-Latino
- Pilates
- Tae-Boxe/Drumming
- Varied courses

**FOR ONE SINGLE PRICE!**

[www.morinheights.com](http://www.morinheights.com)

## Summer Package

Get active in Morin-Heights this summer! Take advantage of our physical activity package, allowing you to participate in different classes for one price! Seize the opportunity to stay active or become active!

### Package Courses Description

**Cardio-Latino:** Get in shape with Latin dance moves; for everyone!

**Nordic Walking:** Dynamic walking with walking poles loaned on site.

**Pilates:** Focusing on fluid, synchronized movements, with an emphasis on the connection between breathing and movement.

**Tae-Boxe Drumming:** Combination of Tae-Boxe and drumming (cardiovascular workout with drumsticks).

**Varied Saturday classes:** A different class every week, according to the schedule indicated on the participant's receipt.

## Pickleball Lessons

ACTIVITY	DAY	AGE GROUP	INSTRUCTOR	TIME	SESSION PERIOD	START DATE	RESIDENTS	NON-RESIDENTS
Pickleball Initiation	Friday	adults	Yves Cloutier	10:00 – 12:00	3 weeks	June 7	\$60	\$70

### Course Description

**Pickleball Initiation:** Come and learn to play pickleball while having fun. Equipment available.

## Dog Training

ACTIVITY	DAY	LOCATION	INSTRUCTOR	TIME	SESSION PERIOD	START DATE	RESIDENTS	NON-RESIDENTS
Leash Walking	Monday	Basler Park	Emmanimo	18:00 – 19:00	5 weeks	June 10	\$220	\$260
Recall	Monday	Dogs Park	Emmanimo	19:15 – 20:15	4 weeks	June 10	\$205	\$240
Kindergarten and Socialization	Thursday	Dogs Park	Emmanimo	18:00 – 19:00	6 weeks + online	June 11	\$275	\$320
Base 1	Thursday	Basler Park	Emmanimo	19:15 – 20:15	6 weeks + online	June 11	\$275	\$320

### Course Description

**Leash Walking:** Open to all non-reactive dogs. Leash walking practice sessions.

**Recall:** Open to all non-reactive dogs. Learning the “come” command.

**Kindergarten and Socialization:** Open to all puppies under 18 weeks of age. All vaccines and Bordetella must be up to date.\*

**Base 1:** Basic obedience (sit, down, heel, stay, basic recall, walk). Open to all non-reactive dogs.\*

\* One online training course is required before the first practical course.





## Summer-1 Program – Children’s Tennis Lessons

ACTIVITY	DAY	AGE GROUP	INSTRUCTOR	TIME	SESSION PERIOD	START DATE	RESIDENTS	NON-RESIDENTS
Tennis	Saturday	6-9 years old	La Place Tennis	9:00 – 10:00	8 weeks	June 29	\$120	\$138
Tennis	Saturday	9-12 years old	La Place Tennis	10:00 – 11:00	8 weeks	June 29	\$120	\$138
Tennis	Monday	6-10 years old	La Place Tennis	18:00 – 19:00	6 weeks	July 29	\$90	\$104

### Course Description

**Children’s Tennis:** Learning through play, using depressurized balls on adapted and large courts. The aim is to learn the fundamental basics of tennis techniques and tactics.



## Summer-1 Program – Adults Tennis Lessons

ACTIVITY	DAY	AGE GROUP	INSTRUCTOR	TIME	SESSION PERIOD	START DATE	RESIDENTS	NON-RESIDENTS
Initiation to Intermediate Tennis	Monday	adults	La Place Tennis	10:00 – 11:30	4 weeks	July 1	\$132	\$150
Tennis Initiation	Monday	adults	La Place Tennis	19:00 – 20:00	6 weeks	July 29	\$132	\$150
	Saturday	adults	La Place Tennis	12:00 – 13:00	8 weeks	June 29	\$175	\$200
Intermediate Tennis	Wednesday	adults	La Place Tennis	10:00 – 11:30	4 weeks	July 3	\$132	\$150
	Saturday	adults	La Place Tennis	11:00 – 12:00	8 weeks	June 29	\$175	\$200

## Private Tennis Lessons

Tennis – Private	Monday and Wednesday	adults	La place tennis	11:30 – 13:30	Contact <i>La Place Tennis</i> directly to book your course. 438 787-6520 benjamin@laplacetennis.com
	Monday			17:00 – 18:00	

## Summer-2 Program – Adults Tennis Lessons

ACTIVITY	DAY	AGE GROUP	INSTRUCTOR	TIME	SESSION PERIOD	START DATE	RESIDENTS	NON-RESIDENTS
Initiation to Intermediate Tennis	Monday	adults	La Place Tennis	10:00 – 11:30	4 weeks	August 5	\$132	\$150
Intermediate Tennis	Wednesday	adults	La Place Tennis	10:00 – 11:30	4 weeks	August 7	\$132	\$150

### Course Description

**Tennis Initiation:** Come and learn to play tennis while having fun. Adapted equipment. The aim is to play successfully on the large court.

**Initiation to Intermediate Tennis:** Improve and develop your skills through fun, professional instruction. The aim is to develop your full potential.

**Intermediate Tennis:** For players with basic tennis skills. The aim is to perfect tennis knowledge, techniques, and tactics, as well as to play points from the serve.

**Private Tennis:** Private tennis lessons on a single court. Contact *La Place Tennis* directly for a course tailored to your needs.

